

2023 Combined Catalog

Subcatalog for JUV,JNF titles

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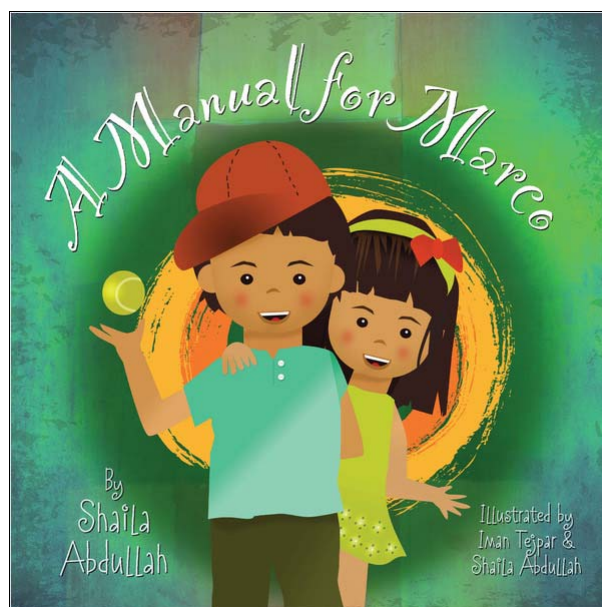
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A Manual for Marco: Living, Learning, and Laughing With an Autistic Sibling

Publisher: Loving Healing Press
Series: Growing With Love
Author: Shaila Abdullah
Illustrator: Iman Tejpar
ISBN-13: PB 978-1-61599-247-8 / HC 978-1-61599-248-5 / eBook 978-1-61599-249-2
List Price: PB \$ 14.95 / HC \$ 26.95 / eBook \$ 4.95
Trim: 8.5 x 8.5 (36 pp)
Audience: 6-8 years
Lexile Score: 760L - Grade(s) 3, 4
Pub Date: 02/01/2015
BISAC: JUVENILE FICTION/Social Issues/Special Needs
EDUCATION/Special Education/Social Disabilities
FAMILY & RELATIONSHIPS/Children with Special Needs



Synopsis: An 8-year old girl decides to make a list of all the things she likes and dislikes about dealing with her autistic brother, and in doing so realizes that she has created *A Manual for Marco*.

"Through her genuine and caring accounts about growing up with an older, autistic brother, this 8-year-old also shows her love for her sibling who is special but sometimes does things that are not-so-special. I highly recommend this book written with sensitivity and beautifully illustrated."

--Lorna d'Entremont, M.Ed., *Special Needs Book Review*

"Shaila Abdullah proves to be a great ambassador for autism, using explanations and warm, welcoming illustrations in *A Manual for Marco* that give a complex condition a simpler explanation."

--C. Hope Clark, Author of *The Carolina Slade Mysteries* and *The Edisto Island Mysteries*

"A Manual for Marco is a welcome addition to children's literature that will help in introducing the condition of autism to young people and providing information that will enable them to understand a little more about it so that it will not seem so scary."

--Wayne Walker, *Home School Book Reviews*

For more information, please visit www.ShailaAbdullah.com

SHAILA ABDULLAH is an award-winning author and designer based in Austin, Texas. She has written four other books: *Saffron Dreams*, *Beyond the Cayenne Wall*, *My Friend Suhana*, and *Rani in Search of a Rainbow*. Along with illustrations by the author, *A Manual for Marco* also includes artwork by IMAN TEJPAP, a 12-year-old artist from Canada.

From the Growing With Love Series

Loving Healing Press

Juvenile Fiction: Social Issues / Special Needs

Loving Healing Press
5145 Pontiac Trail
Ann Arbor, MI 48105-9627

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www.LHPress.com

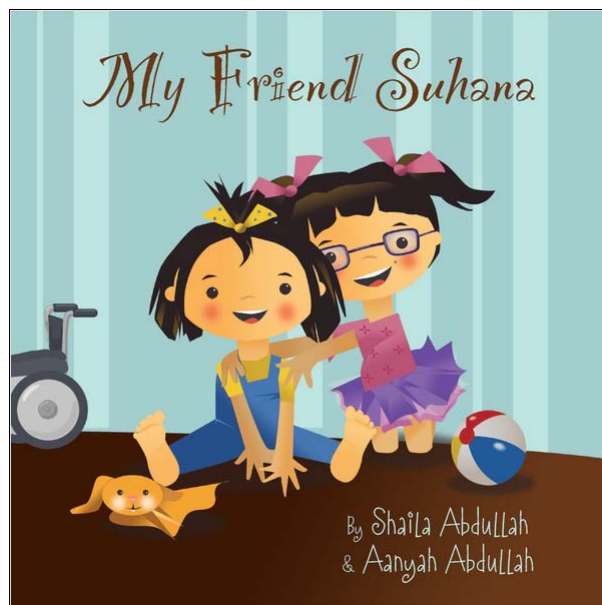
Tollfree USA/Canada: (888)761-6268
Elsewhere: (734)417-4266
Fax: +1 734 663 6861

My Friend Suhana: A Story of Friendship and Cerebral Palsy

Publisher: Loving Healing Press
Series: Growing With Love
Author: Shaila Abdullah and Aanyah Abdullah
ISBN-13: PB 978-1-61599-211-9 / HC 978-1-61599-212-6 / eBook 978-1-61599-210-2
List Price: PB \$ 14.95 / HC \$ 26.95 / eBook \$ 4.95
Trim: 8.5 x 8.5 (40 pp)
Audience: 6-8 years
Lexile Score: 720L - Grade(s) 3
Pub Date: 12/01/2013
BISAC: JUVENILE FICTION/Social Issues/Special Needs
JUVENILE FICTION/Social Issues/Friendship

Synopsis: A simple tale of love and friendship to warm your heart

Award-winning author and designer Shaila Abdullah teams up with her 10-year-old daughter Aanyah to bring you this heartwarming tale of a little girl who forms a close bond with a child with cerebral palsy. The girl finds that through her art, she can reach her special friend Suhana.



"My Friend Suhana is a delightful read for a children's book. Very well illustrated with respect, friendship, and advocacy all in mind at the same time."

--Dawn Cruzan, President, Camp Craig Allen for all abilities

"This is the story of a seven-year-old's first attempt at unconditional love. Tough but tender, inspirational yet utterly real, this is a small gem of a tale. Highly recommended for anyone in the position of mentoring a beloved child through the hard places of life."

--Paula Huston, author of *A Season of Mystery* and *A Land Without Sin*

"My Friend Suhana is a charming and perceptive book that will draw its readers into empathy while allowing them to enjoy this heartwarming story of two uncommon friends."

--Chitra Divakaruni, author of *Grandma and the Great Gourd*

Learn more at www.MyFriendSuhana.com

From the Growing With Love Series at www.LHPress.com

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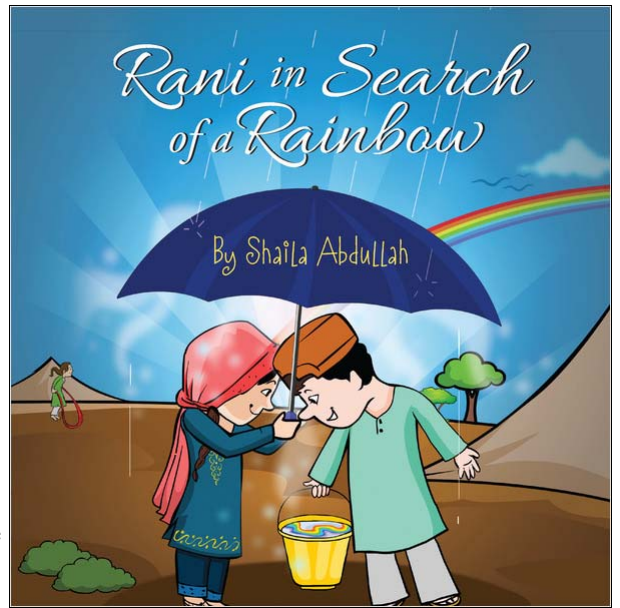
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Rani in Search of a Rainbow: A Natural Disaster Survival Tale

Publisher: Loving Healing Press
Author: Shaila Abdullah
ISBN-13: PB 978-1-61599-241-6 / HC 978-1-61599-242-3 / eBook 978-1-61599-243-0
List Price: PB \$ 14.95 / HC \$ 26.95 / eBook \$ 4.95
Trim: 8.5 x 8.5 (56 pp)
Audience: 5-7 years
Lexile Score: 620L - Grade(s) 2, 3
Pub Date: 11/01/2014
BISAC: JUVENILE FICTION/Social Issues/Homelessness & Poverty
JUVENILE FICTION/Social Issues/Friendship
JUVENILE FICTION/Historical/Asia

Synopsis: Displaced by the Pakistan floods, Rani's family has taken refuge at a relief camp where they are doing their part to help other flood victims. Eight-year-old Rani wants to assist but doesn't know how. Heeding the advice of her father to help in a way only children can, Rani embarks on a journey to bring true joy to a dear friend on the occasion of Eid.



"This sweet, touching story is based on the historic 2010 floods in Pakistan which affected 8.6 million children. As a result of reading Rani in Search of a Rainbow or having it read to them, youngsters will be introduced to the culture of Pakistan."

--WAYNE WALKER, Home School Book Reviews

"Abdullah's use of poetic language and Rani's quest to find her place in her community will keep readers turning the pages until the end."

--GWENDOLYN HOOKS, author of 17 books for young readers

"Rani in Search of a Rainbow glows under the colorful hues of its text and rich characters. As readers, we are taken into a unique setting that one would not expect to visit in the confines of a children's picture book."

--JEWEL KATS, author of Reena's Bollywood Dream and Cinderella's Magical Wheelchair

SHAILA ABDULLAH is an award-winning author and designer based in Austin, Texas. Her other books include: Saffron Dreams, Beyond the Cayenne Wall, My Friend Suhana, and A Manual for Marco. The author has received several awards for her work including the Golden Quill Award and Patras Bukhari Award for English Language.

For more information please visit www.ShailaAbdullah.com
From Growing With Love Series at Loving Healing Press www.LHPress.com
LCCN: 2014024041

Juvenile Fiction : Social Issues - Homelessness & Poverty

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Annabelle's Secret: A Story about Sexual Abuse

Publisher: Loving Healing Press
Series: Growing With Love
Author: Amy Barth
ISBN-13: PB 978-1-932690-95-8 / HC 978-1-61599-099-3 / eBook 978-1-61599-882-1
List Price: PB \$ 12.95 / HC \$ 27.95 / eBook \$ 4.95
Trim: 8 x 10 (20 pp)
Audience: 8-10 years
Lexile Score: 650L - Grade(s) 2, 3
Pub Date: 09/01/2009
BISAC: JUVENILE FICTION/Social Issues/Sexual Abuse

Synopsis: **Annabelle has a secret.** When she was seven years old, she was approached by a neighborhood boy and invited into a "secret club". Unfortunately, this club was just a ruse for thirteen-year-old Joel to groom Annabelle for abuse. A few years later, when Annabelle turns eleven, she finds some bad feelings have returned for her.

Experts Acclaim for *Annabelle's Secret*

"Amy Barth's *Annabelle* could be just the 'friend' a sexually abused child needs, and it models just what parents should do if their child shares about sexual abuse. A great little resource for children, parents, schools, therapists, treatment agencies, and prevention programs."

--Karen R. Nash, LCSW

"*Annabelle's Secret* is a well-written and beautifully illustrated book for children that tells the difficult tale of Annabelle, what happened to her, and what she did to stop the sexual abuse that she was experiencing. The book is written in a straightforward yet compelling manner that exposes the excruciating situation that far too many children experience. This book is a welcome and needed addition to the tools that we have for children and families and service providers for dealing openly about child sexual abuse."

--Pamela Pine, PhD, MPH, Founder and CEO

Stop the Silence: Stop Child Sexual Abuse, Inc

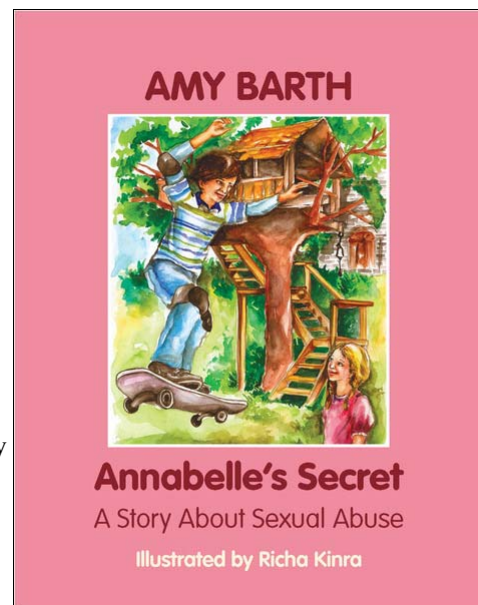
"*Annabelle's Secret* supports important issues regarding sexual abuse that may arise in a young girl's life. Written like a comforting letter from a survivor, the young reader will become aware of the importance and safety to report any encounters. The book is simply written and in understandable terms for any 6 to 9-year old. The information is concise, yet heartening and loving. *Annabelle's Secret* should be read with a parent present to encourage dialog about this significant subject."

--Irene Watson, author of *The Sitting Swing: Finding Wisdom to Know the Difference*

"*Annabelle* relates a story that reconfirms what I have observed over many years. Abused children, male or female, universally believe that it is their fault. Their self-image is mangled; they need to tell the truth; and they must get help from someone who knows how to treat such an injury to the soul."

--Fr. Heyward B. Ewart, III, PhD, *Author of Am I Bad? Recovering From Abuse*

To learn more, please visit www.AmyJBarth.com Juvenile Fiction : Social Issues - Sexual Abuse



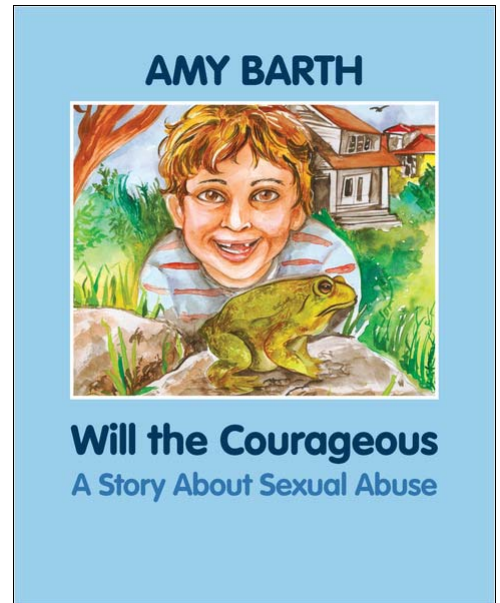
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Will the Courageous: A Story about Sexual Abuse

Publisher: Loving Healing Press
Series: Growing With Love
Author: Amy Barth
ISBN-13: PB 978-1-61599-000-9 / HC 978-1-61599-100-6 / eBook 978-1-61599-898-2
List Price: PB \$ 19.95 / HC \$ 32.95 / eBook \$ 4.95
Trim: 8 x 10 (30 pp)
Audience: 5-8 years
Lexile Score: 560L - Grade(s) 2, 3
Pub Date: 07/01/2011
BISAC: JUVENILE FICTION/Social Issues/Sexual Abuse



Synopsis: What is wrong with Will?

Will is a typical six-year-old boy: he loves to tell "knock-knock jokes", collect bugs, and play with other kids. On most school days, Will goes to Nana Winnie's until his mom returns from work. Will enjoys having his Nana as a babysitter. Recently, Nana's cousin Perry has come to visit and suddenly Will no longer wants to go there. He starts having nightmares, acting out in school and wetting his bed. Will's parents are worried. What is wrong with Will?

Experts Acclaim for *Will the Courageous*

"As a parent, what should you do if your daughter or son told you that she or he had been sexually abused by someone? The subject of this book is certainly not a pleasant thing to read or talk about, but it is definitely one that needs to be discussed. Author Amy Barth, who has an extensive background in social work, deals with her material in a delicate and age-appropriate way. Amy Barth's books would be an excellent resource to encourage any child who has experienced sexual abuse. It could also be used in controlled situations to introduce the topic in an effort to instruct children how to avoid becoming a sexual abuse victim."

--Wayne S. Walker, *Home School Book Review*

"Will the Courageous supports important issues regarding sexual abuse that may arise in a young person's life. Written like a comforting letter from a survivor, the young reader will become aware of the importance and safety to report any encounters. The book is simply written and in understandable terms for any 6 to 9-year old. The information is concise, yet heartening and loving. Will the Courageous should be read with a parent present to encourage dialog about this significant subject."

--Irene Watson, author of *The Sitting Swing*

"Will the Courageous relates a story that reconfirms what I have observed over many years. Abused children, male or female, universally believe that it is their fault. Their self-image is mangled; they need to tell the truth; and they must get help from someone who knows how to treat such an injury to the soul."

--Fr. Heyward B. Ewart, III, PhD Author of *Am I Bad? Recovering From Abuse*

For more info see www.AmyJBarth.com

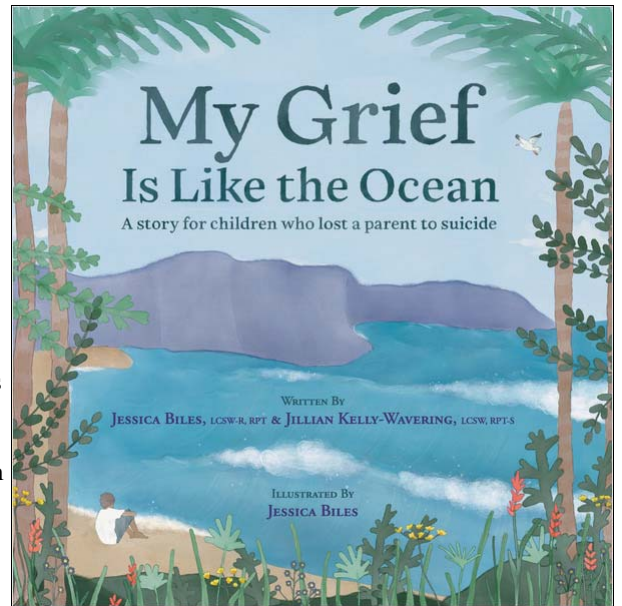
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My Grief is Like the Ocean: A Story for Children Who Lost a Parent to Suicide

Publisher: Loving Healing Press
Author: Jessica Biles and Jillian Kelly-Wavering
ISBN-13: PB 978-1-61599-686-5 / HC 978-1-61599-687-2 / eBook 978-1-61599-688-9
List Price: PB \$ 16.95 / HC \$ 28.95 / eBook \$ 4.95
Trim: 8.5 x 8.5 (30 pp)
Audience: 7-10 years
Pub Date: 09/01/2022
BISAC: JUVENILE FICTION/Social Issues/Death & Dying
JUVENILE FICTION/Social Issues/Emotions & Feelings
JUVENILE FICTION/Social Issues/Depression & Mental Illness



Synopsis: The death of a parent is heartbreaking, but the issues surrounding suicide can be even more devastating. *My Grief is Like the Ocean* was written by mental health professionals who wanted to support caregivers during incredibly difficult conversations with children. Using the latest research and clinical guidance, and told from the perspective of a boy who lost his father to suicide, this book will help children to feel supported. When caregivers and children read this book together, they will gain a valuable resource for engaging in honest, informative and heartfelt discussions to help families heal. This book will:

- Help children and caregivers talk about their grief experiences
- Normalize and encourage the many emotions a child may feel after a loss due to suicide
- Promote important dialogue and concrete ways to seek help for mental illness
- Provide caregivers with ideas for developmentally appropriate coping skills
- Offer additional resources caregivers can access for further support

"This is the one book all parents and clinicians need to have in their personal library. Adults now have a tool to help children navigate the difficult emotions of abandonment, betrayal, rage, and anger that often bubble up after the suicide of a loved one, but are often suppressed and left unspoken."

-- Athena A. Drewes, PsyD, RPT-S, founder and president emeritus, New York Association of Play Therapy, past director of the Association for Play Therapy

"*My Grief is Like the Ocean* tackles the seldom discussed, emotionally wrenching and very difficult concept of suicide in a way that children can understand...delicately using the metaphor of the ocean to describe how its shifting waves mirror the boy's feelings. The explanations are concise. The opportunity for a child to acknowledge their feelings is boundless." -- Laurie Zelinger, Ph.D., ABPP, RPT-S, board-certified psychologist, author of *Please Explain Anxiety to Me*

"This book is important and much needed, since the death of a parent by suicide is one of the most complicated and devastating forms of childhood grief. I found the book to be brilliant and written with the foundation of great sensitivity and compassion. I also loved the eloquent use of metaphors throughout. Highly recommended!"

-- David A. Crenshaw, Ph.D., ABPP, author, board-certified clinical psychologist

"*My Grief is Like the Ocean* addresses the complex and conflicting feelings survivors have when they have lost a loved one to suicide. It is a must-have resource for all therapists that work with children and youth, as well as the surviving family members who may need direction regarding how to support their children as they experience this unique form of grief and loss."

-- Theresa Fraser, CYC-P, CPT-S, MA, RP, RCT, CT, trauma, loss, and attachment clinical specialist

Learn more at MyGriefisLikeTheOcean.com

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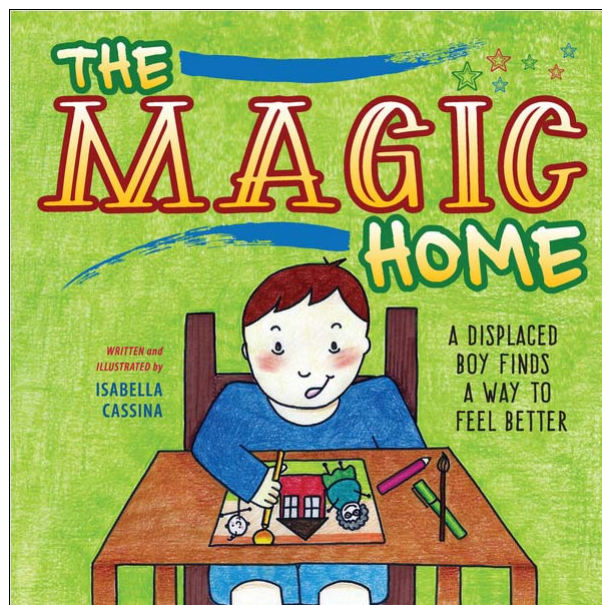
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The Magic Home: A Displaced Boy Finds a Way to Feel Better

Publisher: Loving Healing Press
Author: Isabella Cassina
Illustrator: Isabella Cassina
ISBN-13: PB 978-1-61599-511-0 / HC 978-1-61599-512-7 / eBook 978-1-61599-513-4
List Price: PB \$ 17.95 / HC \$ 26.95 / eBook \$ 4.95
Audiobook: iTunes, Audible.com, Amazon
Trim: 8.5 x 8.5 (52 pp)
Audience: 4-7 years
Lexile Score: 1000L - Grade(s) 5, 6, 7
Pub Date: 05/01/2020
BISAC: JUVENILE FICTION/Family/Orphans & Foster Homes
JUVENILE FICTION/Social Issues/Homelessness & Poverty
JUVENILE FICTION/Social Issues/Emigration & Immigration



Synopsis: *The Magic Home* is a story for those who believe in magic, to turn fear into bravery and let fantasies run wild! This is a tale of a little boy that lives with his family, plays happily in the courtyard with his brother, sister, a brown dog and a fluffy white rabbit, and cannot wait to start school. Suddenly he has to leave for an unpredictable journey...

The Magic Home offers psycho-educational support for children, parents and childhood professionals who are assisting children through the difficult transition of displacement. The author presents a guide for caregivers grounded in the principles of Play Therapy that allows children to be engaged in a dynamic and engaging process based on their capacities and the objectives defined by a caring adult. The book is ideal for easy reading with individuals and groups, and the suggested activities can be used between parent and child, at school, in a healthcare agency or any other place where children spend time.

"*The Magic Home* is an endearing and enduring story of a child's journey to deal with unimaginable feelings of sadness, loss and displacement. This touching story teaches us how to tap into the child's resilience using the healing power of play and expressive arts. *The Magic Home* is a must-have book for child clinicians, caregivers and child professionals to use with children displaced from their homes, regardless of the situation."

-- Athena A. Drewes, PsyD, MA, RPT-S, founder and president emeritus of the New York Association for Play Therapy.

"*The Magic Home* is a comforting story about a little boy who loses all that is familiar and faces many uncertainties in his new life until he meets Ina, who helps him feel that he is not alone. This gently told story and sweet illustrations offer children who have faced disruptions in their families a sense of control over their circumstances and hope for a brighter future."

-- Sue Bratton, PhD, LPC-S, RPT-S, director emerita, Center for Play Therapy at University of North Texas

"*The Magic Home* takes us on a journey that is dealing with loss, adjustment and, most importantly, feelings. This book helps adults help children with big feelings that are hard to understand. The added suggestions on how to use the book and reusable figures are a valuable addition. A delightful and helpful book that helps us all know we have a magic home. "

-- Linda E. Homeyer, PhD, LPCS, RPT-S, distinguished professor emerita and past president of the Association for Play Therapy (APT) board of directors.

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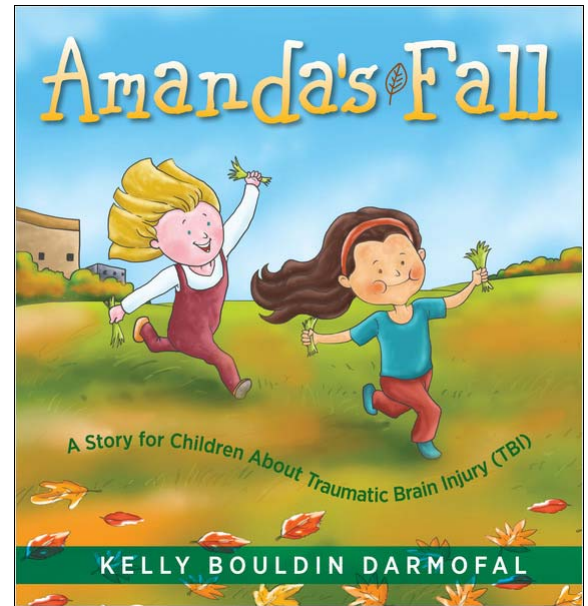
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Amanda's Fall: A Story for Children About Traumatic Brain Injury (TBI)

Publisher: Loving Healing Press
Author: Kelly Bouldin Darmofal
ISBN-13: PB 978-1-61599-450-2 / HC 978-1-61599-451-9 / eBook 978-1-61599-452-6
List Price: PB \$ 15.95 / HC \$ 26.95 / eBook \$ 4.95
Trim: 8.5 x 9.0 (28 pp)
Audience: 5-8 years
Lexile Score: 690L - Grade(s) 3
Pub Date: 05/01/2019
BISAC: JUVENILE FICTION/Social Issues/Special Needs
JUVENILE FICTION/Health & Daily Living/Diseases, Illnesses & Injuries



Synopsis: *Amanda's Fall*, with charming illustrations by Bijan Samaddar, depicts an event common in schools today. Young Amanda gets a concussion after falling and hitting her head during recess. While she can hear people talking, she cannot respond. Amanda is taken to a doctor for evaluation. Wisely, her parents ask for a prognosis, which in Amanda's case, is a good one. Author Kelly Darmofal offers readers her third book on TBI (Traumatic Brain Injury), encouraging parents and caretakers to alert schools and, hopefully, doctors when any child is concussed; side effects can then be ameliorated.

Studies show that Traumatic Brain Injuries represent the leading cause of death and disability in young adults in industrialized countries. According to the CDC, at least 564,000 children are seen each year for brain injury in hospital emergency departments and released.

"Kelly Darmofal worked hard on recovering from severe TBI, and gained the special gift of ability to explain what she went through. This book offers transforming power to children and parents--those afflicted with TBI and those trying to prevent it."

-- Dr. Frank Balch Wood, professor emeritus of neurology-neuropsychology at Wake Forest School of Medicine and ordained Baptist minister

"*Amanda's Fall* is a delightful, much needed children's book on Traumatic Brain Injury. Through the eyes of a child, it raises awareness, has tips for coping and offers support for those affected."

-- Christina Condon NP, Neurology

"*Amanda's Fall* is a lovely book that uses rhyme and colorful illustrations to engage young readers. Kelly Bouldin Darmofal's warm writing style makes it easy to understand the issues surrounding this potentially serious medical condition."

Laurie Zelinger, PhD, RPT-S, board certified psychologist and author of *Please Explain Time Out to Me*

"This is a cute and creative story to help young children understand their world after a traumatic brain injury. It teaches them that they are not alone in their experiences. The tips for parents are a valuable resource as well."

-- Mary Jane Morgan, Lower School Principal, Calvary Day School

"Darmofal has an ease in the way she writes about TBI. In this sweet story, she makes a difficult situation approachable and something to discuss. This is a wonderful story to share and educate children about TBI."

-- Susie van der Vorst, co-Founder and Director, Camp Spring Creek

Learn more at www.ImLostInMyMind.com

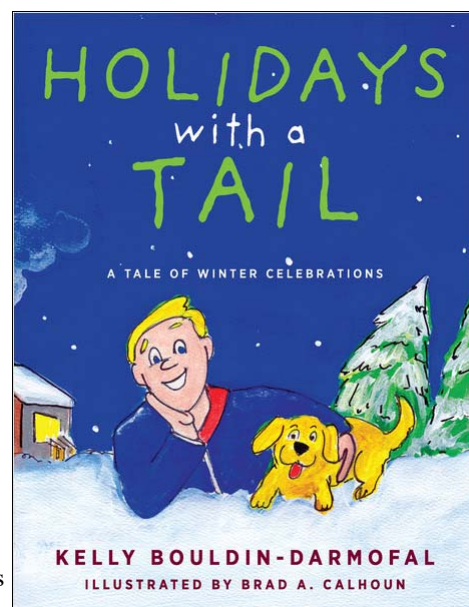
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Holidays with a Tail: A Tale of Winter Celebrations

Publisher: Loving Healing Press
Author: Kelly Bouldin Darmofal
Illustrator: Brad Calhoun
ISBN-13: PB 978-1-61599-615-5 / HC 978-1-61599-616-2 / eBook 978-1-61599-617-9
List Price: PB \$ 17.95 / HC \$ 29.95 / eBook \$ 4.95
Audiobook: iTunes, Audible.com, Amazon
Trim: 8.5 x 11 (34 pp)
Audience: 4-7 years
Lexile Score: 1020L - Grade(s) 6, 7, 8
Pub Date: 11/01/2021
BISAC: JUVENILE FICTION/Holidays & Celebrations/Christmas & Advent
JUVENILE FICTION/Holidays & Celebrations/Hanukkah
JUVENILE FICTION/Holidays & Celebrations/Kwanzaa



Synopsis: Young Alex is beyond excited on Christmas Eve. He knows that Christmas celebrates the birthday of Jesus Christ, and he cannot wait for tomorrow to come—he wants a puppy of his own to play with and love. On Christmas Day, he opens a large box with, yes, a puppy inside. Alex names him Zipper! However, when grandparents come bearing gifts, Zipper bounds out of the open door. Mother and Alex then begin a neighborhood adventure as they search for a runaway dog and meet neighbors with different winter holiday celebrations and traditions: the Hindu Diwali, the Jewish Hanukkah, the Latinx Las Posadas and the African-American Kwanzaa. Alex then returns home for a Christmas feast, happy with his new canine companion and the knowledge that his neighborhood is filled with amazing people who are more alike than different.

"Kelly Darmofal takes her readers on an unexpected Christmas journey that leads her readers to discover the beauty of our diverse winter holidays! *Holidays with a Tail: A Tale of Winter Celebrations* is a book to read aloud to all!"

--Debbie McIntyre, Principal of Jefferson Elementary School

"With warmth and cheer, Darmofal captures Christmas Day in *Holidays with a Tail: A Tale of Winter Celebrations*. A day of adventure for a boy becomes a day of learning and connecting with others for a deeper understanding of cultures and traditions that differ from his own. A great holiday read!"

--Emily M. Cagle, Media Specialist at Meadowlark Elementary School

"With vibrant illustrations and easy to understand language, the author introduces us to five holiday celebrations enjoyed by families of different cultures. This book is non-judgmental and depicts appreciation for the differences among us. While it is intended for children, parents might also learn something new. *Holidays With a Tail* is a valuable resource if we plan to raise our children with an acceptance of diversity."

--Dr. Laurie Zelinger, Child Psychologist, Author of *Please Explain Vaccines to Me Because I HATE SHOTS!*

Learn more at www.ImLostInMyMind.com

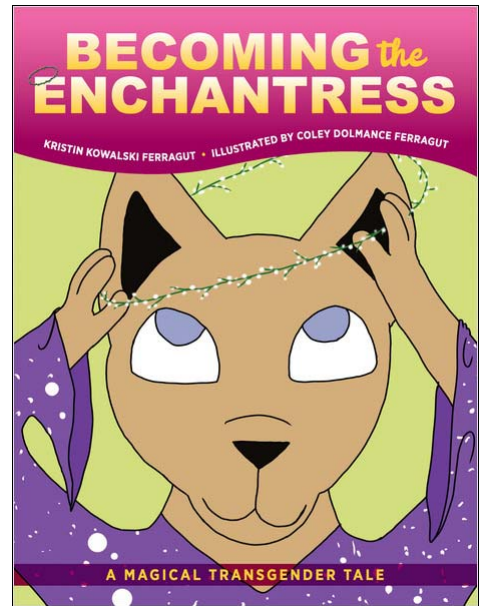
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Becoming the Enchantress: A Magical Transgender Tale

Publisher: Loving Healing Press
Author: Kristin Kowalski Ferragut
Illustrator: Coley Dolmance Ferragut
ISBN-13: PB 978-1-61599-562-2 / HC 978-1-61599-563-9 / eBook 978-1-61599-564-6
List Price: PB \$ 15.95 / HC \$ 26.95 / eBook \$ 4.95
Audiobook: iTunes, Audible.com, Amazon
Trim: 8.5 x 11 (34 pp)
Audience: 5-7 years
Lexile Score: 650L - Grade(s) 2, 3
Pub Date: 03/01/2021
BISAC: JUVENILE FICTION/LGBTQ+
JUVENILE FICTION/Family/Parents
JUVENILE FICTION/Family/Alternative Family



Synopsis: *Becoming the Enchantress* is the story of a transgender parent that faces personal longing for change. Given the acceptance and encouragement of her children, the parent magically transforms from a Wizard into an Enchantress on Halloween night. The story highlights themes of acceptance and the love between child and parent. *Becoming the Enchantress* is unique in that it is written for children whose parent is the one discovering their dysphoria and seeking reassignment, rather than that of the child or teenager themselves.

Becoming the Enchantress fills a heretofore neglected niche in children's literature. It conveys the struggle of a parent to find, in this case, her true identity, and the children's loving acceptance of it. It should prove a useful resource for families with a transgender or non-binary parent.

--W. Luther Jett, retired Special Educator, Montgomery County Public Schools, author of *Our Situation* and *Everyone Disappears*

Becoming the Enchantress is a beautiful story about a life-changing transition. It uses imagery that children can understand to discuss a difficult topic. The book details the emotions of someone who is learning how to be their true self. The story shows that while children may not fully understand the issue, they are accepting and are willing to love others for who they are.

--Stacy Whipp, M.Ed.

A wonderful story for all ages of unconditional love and acceptance for people! Be true to who you are and love yourself and you will feel completely fulfilled. This story teaches us that no matter what, a person's heart and soul is what defines them.

--Katherine R Stull, LCSW-C

Becoming the Enchantress is a wonderful tale for anyone who has questioned their identity or has loved someone doing so. It treats the delicate subject in the most loving way possible, with gorgeous illustrations, spotlighting the magic that positive self-image and family acceptance can create.

--Michelle Zibrat, Art Educator

I am both the parent of a trans child and a therapist that supports transitioning children, teens and adults. I love *Becoming the Enchantress* as it is a lovely story that explains the need to transition from your sex assigned at birth to your true self. Children will connect both with the Wizard and his family in this story. Using the experience of "trying on" a different persona is a lovely way to introduce the children to the wizard and the concept of transitions.

--Theresa Fraser, CYC-P, CPT-S, NSCCT, MA, RP, Trauma and Loss Clinical Specialist

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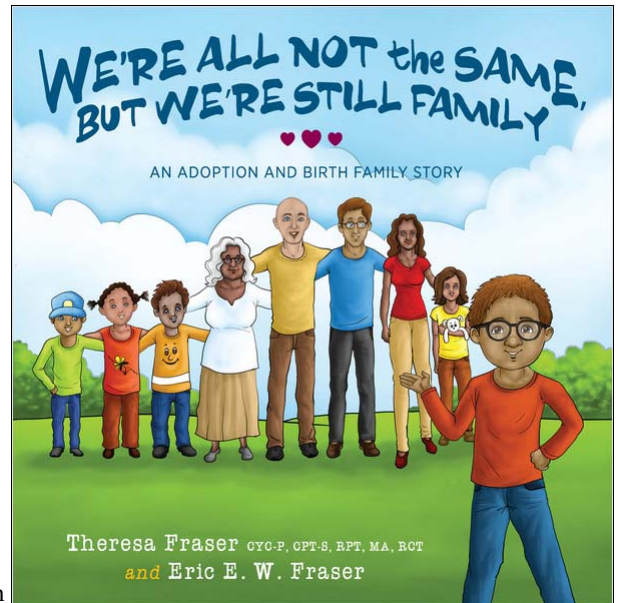
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We're All Not the Same, But We're Still Family: An Adoption and Birth Family Story

Publisher: Loving Healing Press
Author: Theresa Fraser and Eric E.W. Fraser
ISBN-13: PB 978-1-61599-478-6 / HC 978-1-61599-479-3 / eBook 978-1-61599-480-9
List Price: PB \$ 15.95 / HC \$ 26.95 / eBook \$ 4.95
Trim: 8.5 x 8.5 (42 pp)
Audience: 7-10 years
Lexile Score: 640L - Grade(s) 2, 3
Pub Date: 11/01/2019
BISAC: JUVENILE FICTION/Family/Adoption
JUVENILE FICTION/Family/Alternative Family
JUVENILE FICTION/Family/Orphans & Foster Homes



Synopsis: This story was written for adoptive families to explore the benefits of adoption openness. The main character, Deshaun, loves his family but always wondered about his biological family. Does he look like them? Did they love him? With the support of his adoptive parents, Deshaun gets to meet his biological family. They develop an ongoing relationship, so Deshaun feels more stable in his adoptive family, but also develops a comfortable relationship with his birth family. Deshaun and his family are reminded (as we all are) that family can include biological, adopted, foster and kin members.

After reading this book, a child and their family will be able to:

- Discuss feelings about adoption
- Imagine what openness might mean for them
- Acknowledge similarities and differences among family members
- Discuss if an expanded sense of family is possible for their circumstances

"There are many children's adoption books that address the important themes of identity, attachment, grief and loss; however, very few approach the topic of openness for older children in the in-depth manner that Theresa and Eric do in their book. The emotions that Deshaun describes are typical of many adopted children and could help normalize universal feelings for young adoptees. I would highly recommend this book for all adopted children and will certainly be using it in my practice."

--Tecla Jenniskens, M.S.W., R.S.W., adoption social worker

"Many foster and adoptive parents fear the consequences of introducing their children to birth parents. This story offers a redemptive look at how parents can remain history keepers for their children by helping them answer important questions about themselves and their origins. This book is a beautiful example of how fearless curiosity and compassion can lead to increased coherence in a child's story and an expanded sense of family for everyone."

--Paris Goodyear-Brown, LCSW, RPT-S, clinical director of Nurture House, executive director of the TraumaPlay Institute and author of *A Safe Circle for Little U* and *Trauma and Play Therapy*

"*We're All Not the Same, but We're Still Family* is a lovely book that tackles issues adopted children really think about when they question their identity and place within a family. The authors describe the process of a boy's search for his biological family, with the full support of his adoptive parents, and the events that brought him into the child welfare system. The illustrator's rendition of the Skyped meetings between the two families is captivating, while the text gives careful attention to the unification process. I applaud the authors on their inclusion of realistic steps in this complicated process, as we witness a child's journey to find and complete his family."

--Laurie Zelinger, PhD, ABPP, RPT-S, board certified psychologist and author of *Please Explain "Anxiety" to Me!*

Learn more at www.TheresaFraser.com
From Loving Healing Press www.LHPress.com

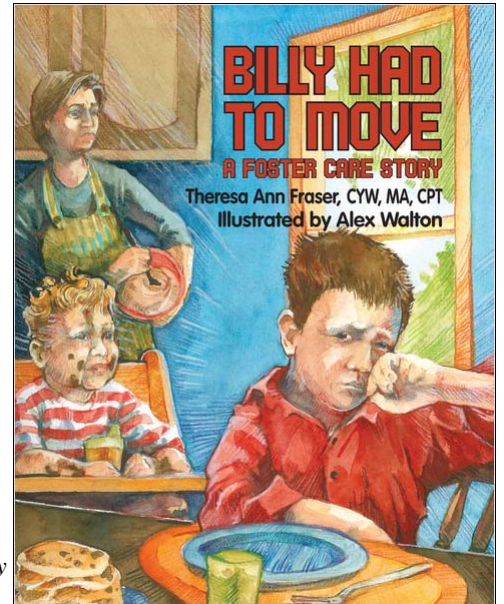
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Billy Had To Move: A Foster Care Story

Publisher: Loving Healing Press
Series: Growing With Love
Author: Theresa Ann Fraser
ISBN-13: PB 978-1-932690-87-3 / HC 978-1-61599-118-1 / eBook 978-1-61599-881-4
List Price: PB \$ 19.95 / HC \$ 32.95 / eBook \$ 4.95
Audiobook: iTunes, Audible.com, Amazon
Trim: 8 x 10 (32 pp)
Audience: General Adult
Pub Date: 06/01/2009
BISAC: JUVENILE FICTION/Family/Orphans & Foster Homes
JUVENILE FICTION/Family/Adoption
JUVENILE FICTION/Family/Stepfamilies



Synopsis: Child Protection Services have been involved with Billy and his mother for some time now. He has been happily settled in a kinship placement with his grandmother and enjoys his pet cat, interacting with neighbors and even taking piano lessons. As the story unfolds, Billy's grandmother has unexpectedly passed away and so the story of *Billy Had To Move* begins.

Unfortunately, Billy's mother cannot be located. Mr. Murphy, Billy's social worker, places him in the foster home of Amy, Tim, and their baby "Colly." Billy experiences great loss resulting not only from his grandmother's death, but also the loss of the life he knew. Billy's inner journey therefore has also begun and with the help of Ms. Woods, a Play Therapist, there is hope.

Therapists' Acclaim for *Billy Had To Move*

"This gem of a book gently frames the stages of a child's natural quest to make sense of his story. Fraser has created more than a teaching story: she generously offers a sacred space that compassionately holds and supports the multidimensional realities of our foster children and their birth families, our social workers and foster families, our teachers and child psychotherapists."

--Gisela Schubach De Domenico, PhD, MFT, R-PTS

"Billy Had To Move is a profound story about the complex issues children in foster care often face. Fraser provides important lessons for caregivers. The book gracefully introduces the sandtray and provides insight into how powerful the experience can be when the child has an opportunity to explore their trauma in the sandtray."

--Mark E. Hulbert, MA, LLP

"A wonderful addition to the bibliotherapy field. This is a much-needed book for foster care children to help them in adjusting to a new caregiver and placement. It offers a welcoming view of how children's worries and losses can be understood by a caring Play Therapist, in a warm and inviting setting."

--Athena A. Drewes, PsyD, RPT-S; Director of Clinical Training, The Astor Home for Children, Poughkeepsie, NY

"In this engaging, warm-hearted story, Billy grieving the loss of his grandmother, finds a way to heal by expressing his thoughts and feelings in Play Therapy. Highly recommended!"

--Charles E. Schaefer, PhD, RPT-S Director Emeritus, The Association for Play Therapy

Learn More About This Book at www.TheresaFraser.com

Juvenile Fiction : Family - Orphans & Foster Homes

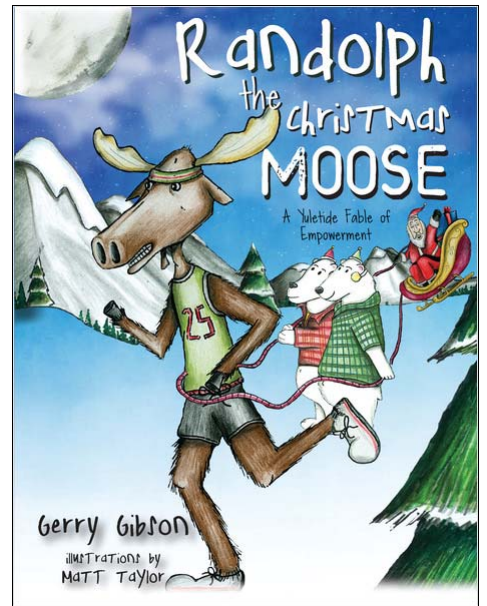
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Randolph the Christmas Moose: A Yuletide Fable of Empowerment

Publisher: Loving Healing Press
Author: Gerry Gibson
Illustrator: Matt Taylor
ISBN-13: PB 978-1-61599-499-1 / HC 978-1-61599-500-4 / eBook 978-1-61599-501-1
List Price: PB \$ 15.95 / HC \$ 28.95 / eBook \$ 5.95
Audiobook: iTunes, Audible.com, Amazon
Trim: 8.5 x 11 (46 pp)
Audience: 4-7 years
Lexile Score: 600L - Grade(s) 2, 3
Pub Date: 06/01/2020
BISAC: JUVENILE FICTION/Holidays & Celebrations/Christmas & Advent
JUVENILE FICTION/Animals/Deer, Moose & Caribou
JUVENILE FICTION/Social Issues/Self-Esteem & Self-Reliance



Synopsis: *Randolph the Moose* lives with his mother in the Great White North. After a chance encounter with the reindeer from Santa Claus' sleigh-pulling team, Randolph finds new joy in trail running as he trains to join the reindeer in Santa's flight school. But when the head elf places him at the workshop loading dock instead (due to his tremendous bulk), Randolph has to use his brains and work ethic to earn respect at his new job... *and even save Christmas.*

Imagine Rudolf the red-nosed reindeer, except...

- Randolph has a healthy self-image
- Randolph has a more positive outlet for his feelings
- Randolph runs, but not away from his problems
- Randolph is pro-active, refusing to let Santa's workshop define him as a moose

BE YOUR OWN MOOSE!

"*Randolph the Christmas Moose* empowers kids to find the unique leader within themselves and to not allow stereotyping to limit their potential."

--AUSTIN HIGHSMITH GARCES, author of *The Miracle Tree* and actor in *Dolphin Tale 1* and *2*

"*Randolph the Christmas Moose*, filled with humor and character building, shares a twist to a familiar tale to produce an important message about how children can be hard-working, determined and true to themselves."

--ADAM DOVICO, educator and author of *When Kids Lead*, *The Limitless School* and *Inside the Trenches*

"This is a charming and funny story that will not only entertain kids, but also help them understand that other people's opinions don't define them."

--LINDSAY THOMPSON, filmmaker and writer for PBS' *Arthur*

"*Randolph the Christmas Moose* addresses many important childhood themes, including acceptance, endurance and bullying, without sounding 'preachy.'"

--SUE ELDER, Ed.D., public and elementary school librarian, educator and bibliophile

Learn more at www.GerryGibsonAuthor.com

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Jamie and the Angel: Meeting Her Guardian Angel

Imprint: Marvelous Spirit Press
Author: Carol Guy
ISBN-13: PB 978-1-61599-002-3 / eBook 978-1-61599-996-5
List Price: PB \$ 15.95 / eBook \$ 4.95
Trim: 8 x 10 (20 pp)
Audience: 6-9 years
Lexile Score: 590L - Grade(s) 2, 3
Pub Date: 09/01/2009
BISAC: JUVENILE FICTION/General

Synopsis: Many children are gifted in the psychic area, but fail to be taught that it is OK to see things that others may fail to see or acknowledge. *Jamie and The Angel* is a story for children and people of all ages who may be experiencing psychic and "intuitive insights." This delightful book helps children to know they are not alone, and that what they are experiencing is a gift.

It also helps parents to nurture and encourage their children's psychic and intuitive abilities. Once children understand that their angels are there to always help them, they can learn to get in touch with their guardian angels, and other help from the spirit world. This beautiful book also has a Parent's Guide to help them teach their children about their special "God Given Gifts."

Jamie is an 8-year-old girl from a military family who's been having a hard time making friends because her family moves around a lot and her parents are busy trying to make things work. She struggles with her gifts and prays for help in her life. When her Angel appears, will Jaime's prayer's for understanding and guidance be fulfilled? Read this book and find out!

Parents and Psychics Praise for *Jamie and The Angel*

"What a beautiful story! *Jamie and the Angel* isn't just for children, it is for us all to see the magic that is within us and how we all can open our heart to the Divine realm where angels do live. It is Purely Divine. I recommend this beautiful book to everyone."

--Michele Blood, co-author *Become A Magnet To Money Through the Sea of Unlimited Consciousness and Self Esteem For KIDZ*

"A wonderful book that all children should read on the path of self-acceptance and to know that being different is perfect to allow their imagination to flow in life."

--Steven L. Hairfield, PhD author, *The Twelve Sacred Principles of Karma*

"Wow! What a wonderful book for both children and adults. Children must be encouraged and supported in understanding their relationship with God and the gifts they have been blessed with. *Jamie and The Angel* addresses these concerns admirably well. I recommend it as a must read for both children and adults."

--Lawrence T. Bond, PhD co-author, *Deeper Metaphysics*

"This inspiring book, is a special light in the world for these rare gifted children and their parents! Carol Guy's sensitive expression touched my children deeply and led to discussions we've never had before. I am grateful for this gem!"

-- Traci Amos. Singer/Songwriter, founder of OPOLnow.org

"*Jamie and The Angel* is a comfort for children learning to accept their gifts. Carol Guy captures the essence of connection between spirit and children."

Robin Marvel author, *Awakening Consciousness: A Girl's Guide!*

"All children should know their personal angels and/or guardians from the beyond. Learn more at www.CarolGuy.com

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Body, Mind & Spirit : Angels & Spirit Guides



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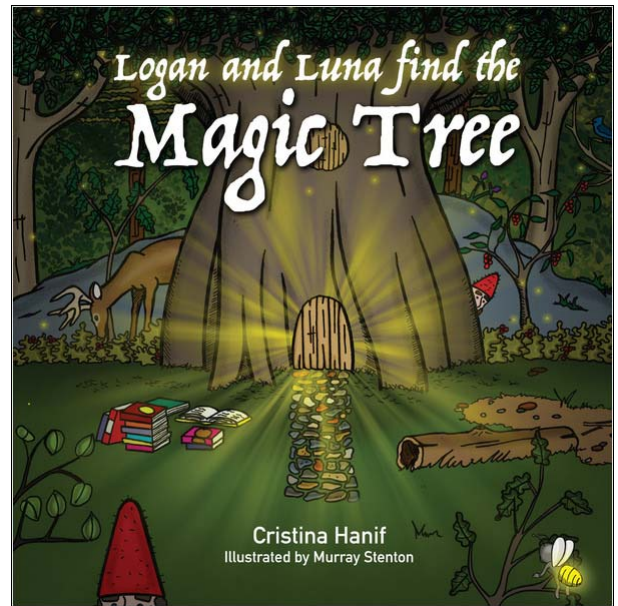
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Logan and Luna Find the Magic Tree

Publisher: Loving Healing Press
Author: Cristina Hanif
Illustrator: Murray Stenton
ISBN-13: PB 978-1-61599-421-2 / HC 978-1-61599-422-9 / eBook 978-1-61599-423-6
List Price: PB \$ 15.95 / HC \$ 26.95 / eBook \$ 4.95
Trim: 8.5 x 8.5 (34 pp)
Audience: 4-6 years
Lexile Score: 680L - Grade(s) 3
Pub Date: 12/01/2018
BISAC: JUVENILE FICTION/Action & Adventure/General
JUVENILE FICTION/Family/Siblings
JUVENILE FICTION/Books & Libraries

Synopsis: Logan and Luna's family live in the big city where everything is rushed and busy. On the weekends, they love to visit Grandpa at his serene lake house by the woods. Together, Logan and Luna sneak away from Grandpa's house and discover an incredible secret in the woods that will change their lives forever. Join Logan and Luna as they explore the vibrant world of reading and adventure.



"The story of Logan and Luna, two siblings who love to dream, will appeal to children and the adults who read to them. My hope is that it encourages everyone to live in a world where reality can be just as magical as fiction!"

-- Maggy Williams, author, *I'm Mixed* and *Celia and the Glue Man*

"Let your imagination run free on this nature filled story where two siblings discover the hidden secret of the magic tree."

-- S.R Jamiro Villaruel, author, *It's Raining Clouds*

"Hanif's debut children's book, *Logan and Luna Find the Magic Tree*, is a delight. The magic tree comes to life for young readers sharing the joy of stories with their own families, just as it has for Logan and Luna. A touching story about the power of imagination bringing together today's busy families."

-- Serena Agosto-Cox, poet, Poetic Book Tours and Savvy Verse & Wit blog

"Cristina Hanif captures the reader's interest as soon as you begin reading. The family's life in the city sounds like your own, and you know there must be something even better to come. As a teacher, I love the special bond that Logan and his grandfather have, especially since it involves their love of reading. This would be a great book to read."

-- Cindy Watkins, kindergarten teacher at Diamond Elementary

"This story encourages children to believe in themselves, adults to hold on to the magic of imagination and for us all to open our eyes to a world of possibilities."

-- Jenna Halstad, 1st grade teacher at Diamond Elementary

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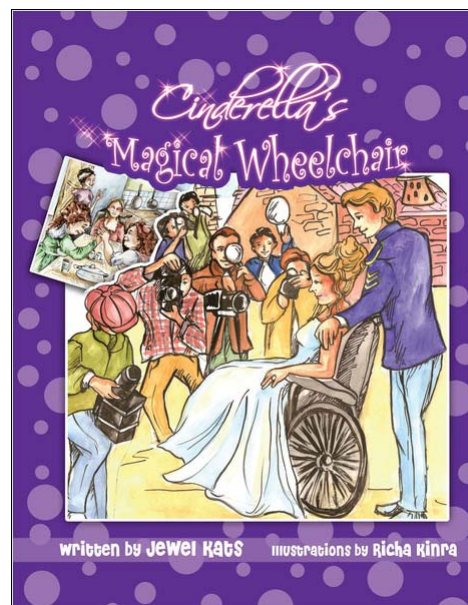
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Cinderella's Magical Wheelchair: An Empowering Fairy Tale

Publisher: Loving Healing Press
Series: Fairy Ability Tales
Author: Jewel Kats
Illustrator: Richa Kinra
ISBN-13: PB 978-1-61599-112-9 / HC 978-1-61599-113-6 / eBook 978-1-61599-976-7
List Price: PB \$ 16.95 / HC \$ 29.95 / eBook \$ 4.95
Audiobook: iTunes, Audible.com, Amazon
Trim: 8.5 x 11 (24 pp)
Audience: 7-9 years
Lexile Score: 570L - Grade(s) 2, 3
Pub Date: 08/01/2011
BISAC: JUVENILE FICTION/Social Issues/Special Needs
JUVENILE FICTION/Fairy Tales & Folklore/Anthologies



Synopsis: Join Cinderella in a World Where Anything is Possible!

In a Kingdom far, far away lives Cinderella. As expected, she slaves away for her cranky sisters and step-mother. She would dearly love to attend the Royal costume ball and meet the Prince, but her family is totally dead set against it. In fact, they have gone so far as to trash her wheelchair! An unexpected magical endowment to her wheelchair begins a truly enchanted evening and a dance with the Prince. Can true love be far behind?

- This fairy tale demonstrates people with disabilities can overcome abuse
- Children with disabilities finally have a Cinderella story they can identify with
- In this version, Cinderella uses her own abilities to build a new future for herself
- The connection Cinderella and the Prince share illustrates love surges past mutual attraction

Acclaim for Cinderella's Magical Wheelchair

"An inspiring and exciting read for children of all ages and abilities. Finally here is a book which shows that wheelchair-mobile children can achieve anything. A clever, modern twist on this traditional and much loved story."

--Joanne Smith, TV Producer, *Terry Fox Hall of Fame inductee, Gemini Award winner*

"This strength-based present day Cinderella story reminds readers that everyone, including someone with a physical challenge, can have the experiences and relationships they hope to have. This Cinderella found that 'success was of her own making'. A must have for every school library and therapy office."

--Theresa Fraser, M.A., Child Psychotherapist and Play Therapist, author of: *Billy Had To Move*

"A wonderful, upbeat, modernized version of a familiar fairy tale. Cinderella's physical disability is taken in stride, and life goes on regardless. I loved it!"

--Dr. Laurie Zelinger, Child Psychologist, author *Please Explain Anxiety to Me*

"A magnificent modern-day Cinderella story teaching children of all ages--about creating one's own success, happiness, and positive self-image while embracing life's challenges."

--Sherry Jones Mayo, RN, EMTP, NCCN, author *Confessions of a Trauma Junkie*

Learn more at www.JewelKats.com

JUVENILE FICTION: SOCIAL ISSUES - SPECIAL NEEDS

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Hansel and Gretel: A Fairy Tale with a Down Syndrome Twist

Publisher: Loving Healing Press
Series: Fairy Ability Tales
Author: Jewel Kats
Illustrator: Claudia Marie Lenart
ISBN-13: PB 978-1-61599-250-8 / HC 978-1-61599-251-5 / eBook 978-1-61599-252-2
List Price: PB \$ 15.95 / HC \$ 27.95 / eBook \$ 4.95
Trim: 8.5 x 8.5 (44 pp)
Audience: 5-7 years
Lexile Score: 610L - Grade(s) 2, 3
Pub Date: 10/01/2014
BISAC: JUVENILE FICTION/Social Issues/Special Needs
JUVENILE FICTION/Fairy Tales & Folklore/Adaptations
JUVENILE FICTION/Social Issues/Values & Virtues



Synopsis: *Hansel & Gretel: A Fairy Tale with a Down Syndrome Twist* is an enchanting tale about how kindness overcomes callousness and leads to a wondrous reward. This adaptation of the classic Grimms' tale includes the wicked witch and the poor siblings in search of food, but in this case, five-year-old Hansel is a mischievous, yet courageous, boy with Down syndrome.

Young readers will learn that:

- Children with Down syndrome are capable and can achieve extraordinary success with determination.
- An act of kindness can transform people and the world.
- Treating people like family can create a miracle.
- People cannot be judged by appearance; a princess or a hero can be hidden within.
- Facing a challenge can lead to unimagined rewards.

"I love that this book addresses not only the low expectations that society has of kids with Down syndrome but that the Mother has as well. What a gifted author to see past the diagnosis and tell a magical story of potential and belief!"

--Nancy Gianni, Founder & Gigi's Mom, *GiGi's Playhouse: Down Syndrome Achievement Centers*

"I find that Jewel Kat's message that someone's disability is not what makes a person, a great one. I like how she portrayed Hansel. He reminded me of my nephew who had Down syndrome--not only someone who was kind but also very smart. I believe it's a great book for every kid to read."

--Janet McNevin, Museum of disABILITY History

"Hansel shines as a courageous boy with incredible determination despite his challenges and succeeds in changing his family's circumstances. This story would help young readers look beyond disabilities and focus on the characters of those who have special needs. Claudia's breathtaking illustrations take this beloved tale to a whole new level. A must read for children of all ages."

--Shaila Abdullah, author, *My Friend Suhana: A Story of Friendship and Cerebral Palsy*

Learn more at www.JewelKats.com

Book #5 in the Fairy Ability Tales Series

Juvenile Fiction: Social Issues - Special Needs

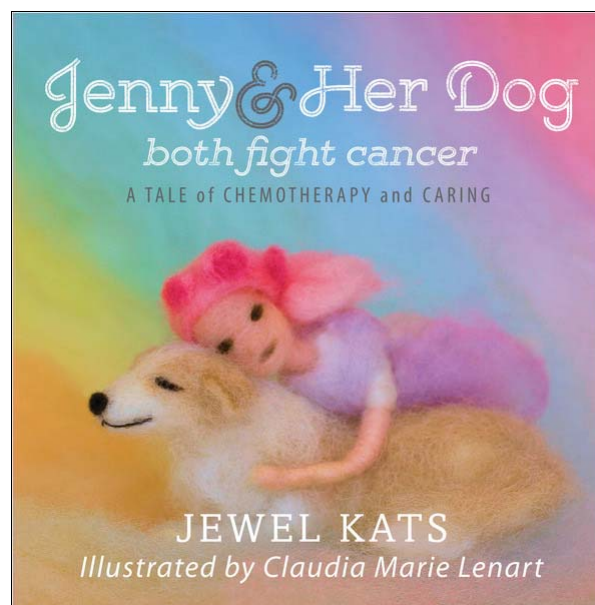
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Jenny & Her Dog Both Fight Cancer: A Tale of Chemotherapy and Caring

Publisher: Loving Healing Press
Series: Growing With Love
Author: Jewel Kats
Illustrator: Claudia Marie Lenart
ISBN-13: PB 978-1-61599-279-9 / HC 978-1-61599-280-5 / eBook 978-1-61599-281-2
List Price: PB \$ 15.95 / HC \$ 27.95 / eBook \$ 4.95
Trim: 8.5 x 8.5 (38 pp)
Audience: 6-9 years
Lexile Score: 550L - Grade(s) 2, 3
Pub Date: 04/01/2016
BISAC: JUVENILE FICTION/Animals/Dogs
JUVENILE FICTION/Health & Daily Living/Diseases, Illnesses & Injuries



Synopsis: Jenny, a young girl undergoing treatment for cancer, discovers that her best friend, Dolly, also has cancer. Dolly is the family's dog, who has always been at Jenny's side through trying times, and Jenny vows to support Dolly as well. This bittersweet tale is a story of mutual devotion and loyalty. While the prognosis is not good for dogs with cancer, Dolly's love provides enduring hope and support for Jenny on her healing journey.

"Wow! I love this honest, refreshing book about childhood cancer and the tender, loving bond of a courageous child with her dog that enables them to endure the intolerable chemotherapy treatments and gives them all the more reason to do so. Highly recommended!"
--David A. Crenshaw, Ph.D., ABPP, Author, & Clinical Director, Children's Home of Poughkeepsie

"In this book, Jenny and her dog, Dolly, both get the dreaded cancer diagnosis. In this sweet, moving journey, Jenny and Dolly show us how they fight through chemotherapy treatment together. I love how genuine, heartfelt, and sincere this story is. It will truly benefit families who struggle with cancer."
--Jill Osborne, EdS, LPC, RPT-S, CPCS

"Jewel Kats and Claudia Marie Lenart accomplished the unimaginable by telling an important and moving story in just a few mesmerizing pages. Jewel introduces the reader to 'Cancer' and the treatment that saves Jenny's life while she comforts the dog she loves. Claudia's pictures are magnificent in their texture, color, detail, and postural simplicity of the characters. I had to read it twice--I could not see through my tears the first time."
--Laurie Zelinger, Ph.D., ABPP, RPT-S, Board Certified Psychologist and author of the *Please Explain* series

"Jewel Kats tackles cancer in a heartwarming story of friendship and loss. Cancer has no boundaries, as Kats points out, when a young girl and her dog both fight this deadly illness. This book is beneficial for children who are embarking upon a cancer journey, either their own or alongside a family member."
--V.S. Grenier, Award-winning Author & Mom's Choice Honoree

"The C word--not all kids know what it means, but they see the reaction in all who hear the word. In this beautifully illustrated book, author Jewel Kats strives to talk about both symptoms and feelings attached to experiencing cancer. Some of us experience cancer inside ourselves and some of us experience it by watching the impact on those we care about."
--Theresa Fraser, CYW, M.A., CPT-S, Trauma and Loss Clinical Specialist, Registered Psychotherapist

Learn more at www.ClaudiaMarieFelt.com and www.JewelKats.com
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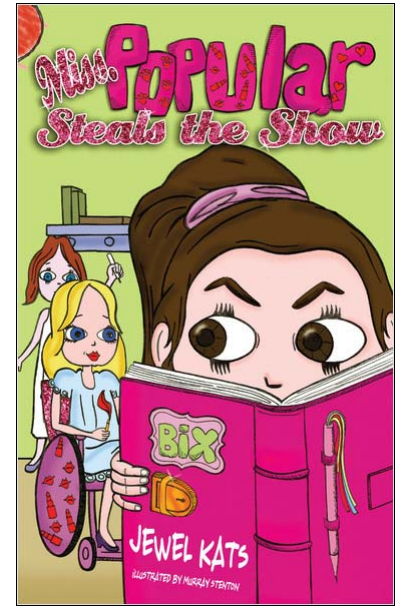
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Miss Popular Steals the Show: Girls in Wheelchairs Rule!

Imprint: Marvelous Spirit Press
Author: Jewel Kats
Illustrator: Murray Stenton
ISBN-13: PB 978-1-61599-236-2 / HC 978-1-61599-477-9 / eBook 978-1-61599-237-9
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Audiobook: iTunes, Audible.com, Amazon
Trim: 5 x 8 (52 pp)
Audience: 6-8 years
Lexile Score: 530L - Grade(s) 1, 2, 3
Pub Date: 09/01/2019
BISAC: JUVENILE FICTION/Social Issues/Special Needs
JUVENILE FICTION/Social Issues/Friendship

Synopsis: How far will Bix go to be popular?

A delightful and humorous diary account from "Bix," a plain Jane from a struggling family trying to outdo and steal the third-grade classroom stage from Valerie, whose mother is a famous author. Miss Popular may be a wheelchair-user, but she knows how to charm the classroom, and her pink bejeweled wheelchair rules. In a pique of frustration, Bix resorts to lies to steal the limelight from Miss Popular. She also announces that she will be having a puppy shower, and everyone except Miss Popular is invited. Can Bix pull it off?



Readers will:

- Learn the importance of honesty
- Discover that being loved and being popular are not the same thing
- Find out how even a small act of kindness pays big dividends
- Learn how to rise above circumstances to be a better person

"Jewel Kats does it again! She has the ability to shine a light on disabilities with characters that empower and inspire! And she does it in way that entertains thoroughly! Her optimism and sense of fun explode on every page!"

--Dan Parent, *Archie Comics*

"*Miss Popular* is a testament to young girls everywhere: guiding them through the issues of popularity, honesty and the fun of life! Jewel Kats has created a character that I would have loved to be my friend when I was a third-grader! Spectacular in every way!"

--Robin Marvel, author of *Awakening Consciousness: A Girl's Guide!*

Learn more at **www.JewelKats.com**

from Marvelous Spirit Press www.MarvelousSpirit.com

Juvenile Fiction : Social Issues - Special Needs

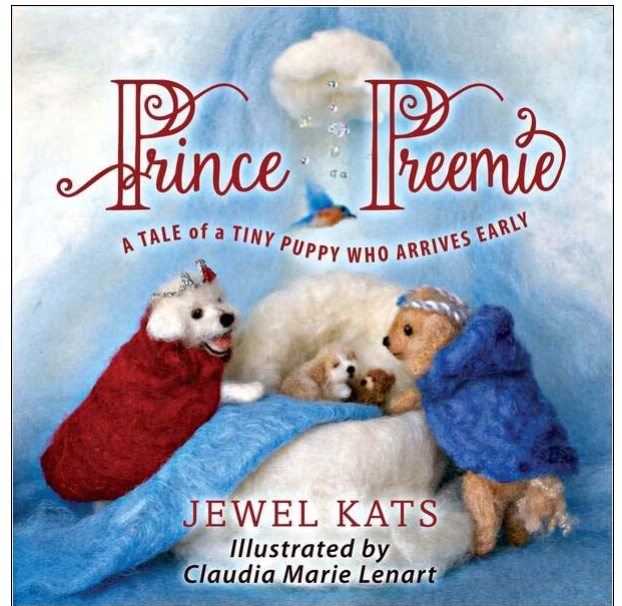
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Prince Premie: A Tale of a Tiny Puppy who Arrives Early

Publisher: Loving Healing Press
Series: Growing With Love
Author: Jewel Kats
Illustrator: Claudia Marie Lenart
ISBN-13: PB 978-1-61599-306-2 / HC 978-1-61599-307-9 / eBook 978-1-61599-308-6
List Price: PB \$ 15.95 / HC \$ 27.95 / eBook \$ 4.95
Trim: 8.5 x 8.5 (32 pp)
Audience: 4-7 years
Lexile Score: 600L - Grade(s) 2, 3
Pub Date: 12/01/2016
BISAC: JUVENILE FICTION/Social Issues/Special Needs
JUVENILE FICTION/Animals/Dogs
JUVENILE FICTION/Social Issues/Pregnancy



Synopsis: The King and Queen of Puppy Kingdom are joyfully awaiting the arrival of their Prince. But the couple and their kingdom are thrown into upheaval when it is learned that Prince Puppy will arrive early, before his important crown is completed. How can they call him Prince without a crown? Discover how the King solves this problem in *Prince Premie: A Tale of a Tiny Puppy Who Arrives Early*. Children will be swept away into this dreamy, fairy tale land of adorable dogs created from wool.

"As the mother of two children born preterm, I can relate to the sorrow and joy that Prince Premie's parents faced at his early arrival. Through magical writing and illustrations Jewel Kats and Claudia Marie Lenart once again help children of all abilities and their families understand the special gifts that are inside each one of us."

--Kelli Kelley, Founder and Exec. Director, HandtoHold.org -- Fragile Babies, Strong Support

"*Prince Premie* is a sweet book that offers a good way to start conversations with a preemie child about their early birth. The story hints at the stress and fear that comes with having a child prematurely, but leaves the reader feeling hopeful."

--Andrea Mullenmeister, writer at AnEarlyStartBlog.com

"The arrival of a premature baby can be confusing for a young child. In this delightful dog kingdom, Jewel Kats has created a teaching tool that normalizes the situation. Claudia Marie Lenart's illustrations look cuddly, every child will love them and be drawn into the story of Prince Premie even without the words."

--Bob Rich, PhD, psychologist, author of *Anger and Anxiety: Be In Charge of Your Emotions and Control Phobias*

"*Prince Premie* is a feel good book -- the story is one of inspiration, determination and acceptance. It reminds us that there is always hope and that with optimism, dedication and love you can create the good and happiness into every situation you face."

--Robin Marvel, author of *Framing a Family: Building a Foundation to Raise Confident Children*

For more information please visit www.JewelKats.com

From Loving Healing Press www.LHPress.com

Juvenile Fiction : Social Issues - Special Needs Loving Healing Press

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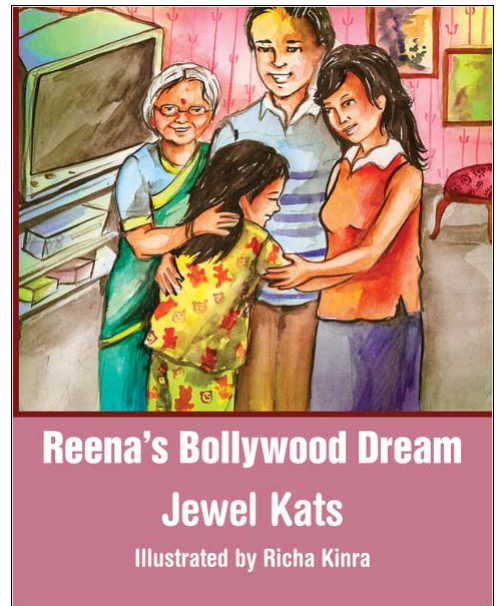
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Elsewhere: (734)417-4266

Fax: +1 734 663 6861

Reena's Bollywood Dream: A Story About Sexual Abuse

Publisher: Loving Healing Press
Series: Growing With Love
Author: Jewel Kats
Illustrator: Richa Kinra
ISBN-13: PB 978-1-61599-014-6 / HC 978-1-61599-059-7 / eBook 978-1-61599-892-0
List Price: PB \$ 15.95 / HC \$ / eBook \$ 4.95
Trim: 8 x 10 (24 pp)
Audience: 7-10 years
Lexile Score: 610L - Grade(s) 2, 3
Pub Date: 09/01/2010
BISAC: FAMILY & RELATIONSHIPS/Abuse/Child Abuse
JUVENILE FICTION/Social Issues/Sexual Abuse
SOCIAL SCIENCE/Ethnic Studies/Asian American Studies



Synopsis: Reena wants to be a star...

...A Bollywood star. Unfortunately, her family won't stand for it. It doesn't help that Reena is only eight-years-old. However, a beacon of hope arrives in the form of Uncle Jessi. He's just emigrated from India to America, and is a welcome addition to her family household. Uncle Jessi and Reena share a special bond. Not only are they old pen pals, but he recognizes her desperation to become a Bollywood actress.

One day, Uncle Jessi plans a secret surprise. He invites her to take part in a pretend acting game. Reena jumps at the chance. At first, she enjoys swinging her hips to Bollywood beats. She smiles brightly at his camera. However, halfway through her performance matters take an unexpected turn. The end results surprise both Reena and Uncle Jessi.

Important lessons come through an action-driven story and beautiful illustrations:

- Children will learn that sexual abuse is NEVER their fault.
- Parents and children will be given a launching pad to discuss the warning signs of "grooming."
- Children will come away knowing they have the power to say: "NO."
- Children will discover that sexual abuse can occur in any cultural group.
- Children can be assured that they will be believed when reporting inappropriate behavior.
- Therapists and parents can exhibit that sexual abuse isn't an off-limits topic.
- Child abuse survivors will come away knowing they are not alone.

Therapists' Acclaim for *Reena's Bollywood Dream*

"*Reena's Bollywood Dream* is exceptionally well-written. It works as an educational piece to foster awareness to children and their families regarding the realities of sexual abuse within the South Asian community. This informative book can help alter a child's life for the better."

--Sadia Khaliq, B.A., B.S.W., M.S.W., Community Treatment Coordinator, Centre for Addiction and Mental Health

"With a captivating story and beautiful illustration, and with a message that is cross-cultural and educational, *Reena's Bollywood Dream* can help children understand the sad reality that there are those who can hurt them but there is also means of staying safe--with others' help. I recommend this book highly to all families; it can be instrumental to starting a conversation about a difficult topic."

--Pamela Pine, PhD, MPH, Founder and CEO, Stop the Silence

For more info see www.JewelKats.com

Juvenile Fiction : Social Issues - Sexual Abuse

Family & Relationships : Abuse - Child Abuse

Social Science : Ethnic Studies - Asian American Studies

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Snow White's Seven Patches: A Vitiligo Fairy Tale

Publisher: Loving Healing Press
Series: Fairy Ability Tales
Author: Jewel Kats
Illustrator: Dan Goodfellow
ISBN-13: PB 978-1-61599-206-5 / HC 978-1-61599-207-2 / eBook 978-1-61599-208-9
List Price: PB \$ 14.95 / HC \$ 26.95 / eBook \$ 4.95
Trim: 8.5 x 8.5 (40 pp)
Audience: 6-9 years
Lexile Score: 540L - Grade(s) 2, 3
Pub Date: 11/01/2013
BISAC: JUVENILE FICTION/Fairy Tales & Folklore/Anthologies
JUVENILE FICTION/Social Issues/Special Needs



Synopsis: *Snow White's Seven Patches: A Vitiligo Fairy Tale* is a modern-day story with the classical theme of good conquering evil. You'll find the age-old ingredients of a magic mirror, poisonous apple, dwarfs, and romance here.

However, this adaptation includes a vain mother who's so clouded by beauty myths that she keeps her own daughter a secret, while plagiarizing the workings of her mind. Everything falls apart when the good mirror finally speaks the truth.

- Young readers with vitiligo will look at their own skin patches with a unique lens, finding interesting shapes and stories behind each puffy cloud of white.
- Readers will be introduced to the firsthand-hurt that plagiarism can cause through Snow White's experience.
- The loving dwarf family illustrates that helping people in need should be a priority in life.
- Readers learn that not all princesses look alike.
- The concept of "beauty is within the eye of the beholder" is exemplified by the prince and magic mirror.

"Life is not really perfect, even if you are so-called normal. Children must grow and overcome then move on through the many difficulties that arise in their lives, some can be the lack of understanding, sympathy and acceptance. For those who are disabled in one way or another, not perfect, this can be an ongoing reality. Jewel Kats has an insight into the world of children who have life stacked against them. This is just one of her retellings of a timeless tale geared to helping others, and if it can be done, righting a wrong."

--J.D. Holiday, author, illustrator, host of Book Garden Radio

"Jewel Kats entertains and engages, highlighting significant issues that resonate with children and adults alike. In *Snow White's Seven Patches*, Jewel emphasizes how to overcome adversity with creativity. She encourages children to maintain a healthy perspective about their physical appearance. Jewel reminds us that despite wickedness, we can move on and get about the business of life, letting serendipity take us to wonderful places in hope. And just maybe what we think we might have, we will be able to achieve."

--Carole Di Tosti, novelist, reviewer for Blogcritics.com

Learn more at www.JewelKats.com

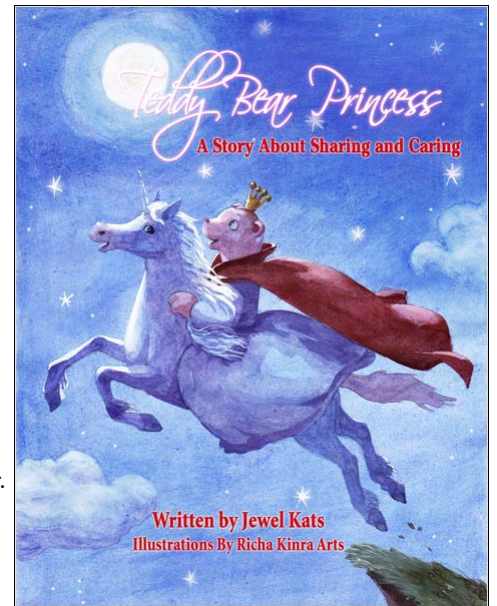
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Teddy Bear Princess: A Story about Sharing and Caring

Imprint: Marvelous Spirit Press
Author: Jewel Kats
Illustrator: Richa Kinra
ISBN-13: PB 978-1-61599-163-1 / eBook 978-1-61599-182-2
List Price: PB \$ 13.95 / eBook \$ 4.95
Trim: 8.5 x 11 (24 pp)
Audience: 3-5 years
Lexile Score: 590L - Grade(s) 2, 3
Pub Date: 11/02/2012
BISAC: JUVENILE FICTION/Visionary & Metaphysical
JUVENILE FICTION/Social Issues/Friendship
JUVENILE FICTION/Fantasy & Magic



Synopsis: Teddy Bear Princess is a magical story for all times!

Unlike other fairy tales, the concepts of sharing and caring are seamlessly woven together. Teddy Bear Princess is a sweet, plush Royalty figure who deeply values her friendship with unicorn, Zumba. Luxury may be at her fingertips, but it's Zumba whom she holds nearest and dearest. Together, this duo flies sky-high in their quests to give. Teddy Bear Princess is sure to delight children and fantasy-enthusiasts time-and-time again.

- Teddy Bear Princess illustrates that material goods can never replace a meaningful friendship.
- Despite being Royalty, Teddy Bear Princess works hard to find berries in castle fields. This instills the value of depending on your sheer efforts to succeed.
- Teddy Bear Princess and Zumba not only receive joy amidst their travels, but partake in pleasure by sharing found goods with unicorns in need.

"Teddy Bear Princess highlights friendship and sharing while taking the reader on a fun, uplifting adventure. Although the story is a quick read, I found it created a sense of peace and enjoyment for me. The perfect bedtime story to relax into dreamland with!"

--Robin Marvel, author of *Awakening Consciousness: A Girl's Guide!*

"The Teddy Bear Princess is a sweet bedtime story for any little girl. This story has everything little girls love from frilly dresses to a best friend who flies. The story leaves the subtle message that the key to a beautiful life is giving of yourself."

--Shellie-Braeuner, author *The Great Dog Wash*

"Another wonderful book by author Jewel Kats. The simple text is perfect for beginning readers. The story itself is simple and a wonderful read when putting your little princess down at nap or bedtime. The illustrations only add to this delightful story book"

--VS Grenier, Award-winning author of *Babysitting SugarPaw*

Learn more at **www.JewelKats.com**

From Marvelous Spirit Press www.MarvelousSpirit.com

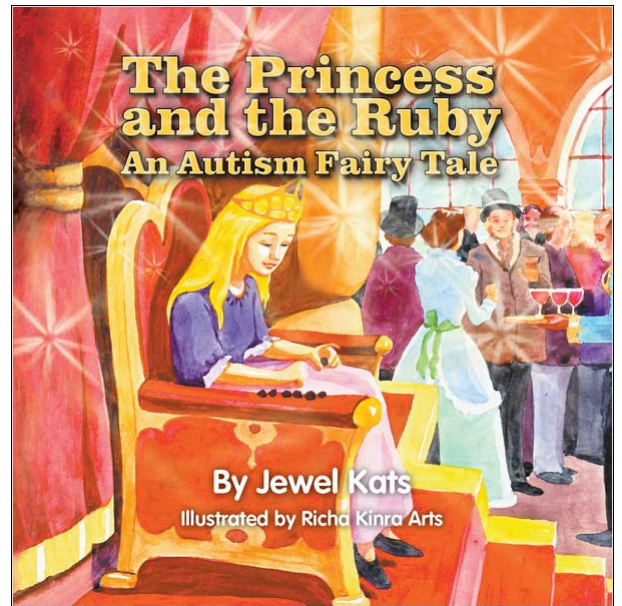
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The Princess and the Ruby: An Autism Fairy Tale

Publisher: Loving Healing Press
Series: Fairy Ability Tales
Author: Jewel Kats
Illustrator: Richa Kinra
ISBN-13: PB 978-1-61599-175-4 / HC 978-1-61599-193-8 / eBook 978-1-61599-176-1
List Price: PB \$ 16.95 / HC \$ 26.95 / eBook \$ 4.95
Trim: 8.5 x 8.5 (42 pp)
Audience: 6-8 years
Lexile Score: 650L - Grade(s) 2, 3
Pub Date: 04/01/2013
BISAC: EDUCATION/Special Education/Social Disabilities
JUVENILE FICTION/Social Issues/Special Needs
EDUCATION/Special Education/Learning Disabilities



Synopsis: A Mysterious Girl Puts the Future of a Kingdom in the Balance!

One icy-cold winter night, everything changes: a young girl shows up at the king and new queen's castle doorstep wearing little more than a purple jacket and carrying a black pouch. The king recognizes the mystery girl's identity as the long-lost princess without her uttering even a single word. However, the new queen refuses to believe the king's claims. In turn, a devious plan is hatched... and, the results are quite fitting!

- This new twist on Hans Christen Andersen's *The Princess and the Pea* is surely to be loved by all fairy tale enthusiasts.
- *The Princess and the Ruby: An Autism Fairy Tale* adds to much-needed age-appropriate literature for girls with Autism Spectrum Disorder.
- Both fun and education are cleverly weaved in this magical tale, teaching children to be comfortable in their own skin and to respect the differences of others.

Acclaim for The Princess and the Ruby

"As someone who has a couple of friends with Autistic kids, I understand the challenges these families have. This modern day twist on *The Princess and the Pea* not only shows how others judge something they do not understand, but how someone with Autism can see, feel and do things one might not expect."

--V.S. Grenier, *Mom's Choice* Silver Honoree and award-winning author

"*The Princess and the Ruby* is a heartwarming narrative; a tale that beautifully depicts several unique characterizations of Autism Spectrum Disorder. Jewel Kats has refreshingly shed light upon a daily struggle to redefine 'normalized behaviors', in an admirable effort to gain societal acceptance and respect."

--Vanessa De Castro, Primary Residential Counselor with Autistic Youth

Learn more at www.JewelKats.com

Book #2 in the Fairy Ability Tales from Loving Healing Press

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The Princess Panda Tea Party: A Cerebral Palsy Fairy Tale

Publisher: Loving Healing Press
Series: Fairy Ability Tales
Author: Jewel Kats
Illustrator: Richa Kinra
ISBN-13: PB 978-1-61599-219-5 / HC 978-1-61599-220-1 / eBook 978-1-61599-221-8
List Price: PB \$ 14.95 / HC \$ 26.95 / eBook \$ 4.95
Audiobook: iTunes, Audible.com, Amazon
Trim: 8.5 x 8.5 (52 pp)
Audience: 5-7 years
Lexile Score: 710L - Grade(s) 3
Pub Date: 05/01/2014
BISAC: JUVENILE FICTION/Social Issues/Special Needs
JUVENILE FICTION/Social Issues/Manners & Etiquette



Synopsis: An enchanting story which shows girls that grace and courage come from within

Michelle, age eight, has cerebral palsy and lives at an all-girls orphanage. She is often openly mocked by the other girls because of her need to use a walker for mobility. One day, she spends her hard-earned change for a toy stuffed panda at the local Salvation Army store. When opportunity strikes for the orphanage girls to compete, in manners and deportment, for the privilege of tea with the Queen of England, Michelle's enchanted panda comes to life and her world will never be the same! Readers of this story will

- Gain an appreciation for people with disabilities
- Discover the courage to go after their dreams
- Learn how to treat guests with courtesy and warmth
- See how preparation and practice are the keys to success
- Learn the power of affirmations
- Understand how generosity can change the world.

Praise for *The Princess Panda Tea Party*

"All children deserve a story they can picture themselves in, and the Princess Panda Tea Party is that story. This is not only a fairy tale for those with Cerebral Palsy, but also a reminder that everyone, regardless of ability, can harness their own amazing powers."

--Lindsey Wiltse, Communications and Program Coordinator, Children's Neurobiological Solutions

"In this moving and modern twist on an old fairytale, Jewel Kats takes us on a journey of endurance, acceptance, and strength. Putting her disability aside, Michelle finds a way to shine in an inspiring way."

--Shaila Abdullah, author of *My Friend Suhana: A Story of Friendship and Cerebral Palsy*

"*The Princess Panda Tea Party* weaves together the emotional pain of children faced with being different and the magical hopefulness of finding a way to step outside one's physical limitations and soar as a person. A good read for adults and children regardless of their position in life."

Rick Ritter, MSW, author of *Coping with Physical Loss and Disability*

Learn more at www.JewelKats.com

Book #4 in the Fairy Ability Tales Series at Loving Healing Press

Juvenile Fiction: Social Issues - Special Needs

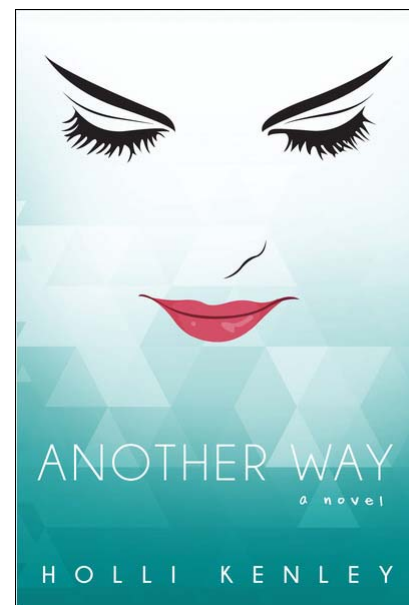
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Another Way: A Novel

Publisher: Loving Healing Press
Author: Holli Kenley
ISBN-13: PB 978-1-61599-259-1 / HC 978-1-61599-260-7 / eBook 978-1-61599-261-4
List Price: PB \$ 17.95 / HC \$ 29.95 / eBook \$ 5.95
Audiobook: iTunes, Audible.com, Amazon
Trim: 6.14 x 9.21 (174 pp)
Audience: 11-15 years
Pub Date: 04/01/2015
BISAC: JUVENILE FICTION/General
JUVENILE FICTION/Social Issues/Dating & Sex
JUVENILE FICTION/Social Issues/Friendship



Synopsis: High school. Dating. Sex. 14 year old Chloe Wheeler wonders - is she ready?

Finding it uncomfortable talking with her parents, Chloe turns to her best friend--Amanda Hill. Searching for guidance, they attend a nondenominational youth group where Pastor Rick Summers is facilitating a series of talks on sex entitled Another Way. At the first group meeting, Chloe meets football star Tyrell Fields. As they begin dating and Chloe's feelings intensify, she grabs hold of the lessons of *Another Way* and discovers...

- Her worth.
- Her voice.
- Her levels of readiness.
- Her power to make healthy decisions.

"Holli Kenley beautifully shares in *Another Way* how young people can embrace confidence and self-empowerment as they find their way through the challenges of the teen years."

Cathy Taughinbaugh--Parent Coach, Helping Parents Find Peace

"*Another Way* is an indispensable book for teens and those who care about them...Holli Kenley has done it again with this practical, entertaining, and bold book."

Jill Osborne, Eds, LPC, RPT - Helping Families Reconnect

"*Another Way* introduces our young readers to a new way of thinking. Through self-discovery and self-empowerment, Chloe learns there truly is Another Way--a way to stand strong with honesty and personal integrity."

Judy Herzanek - Changing Lives Foundation

"*Another Way* is one of those great reads that is sure to find an audience with readers of all ages."

Cyrus Webb - Host of *Conversations LIVE*, Editor-in-Chief *Conversations Magazine*

Learn more at www.HolliKenley.com

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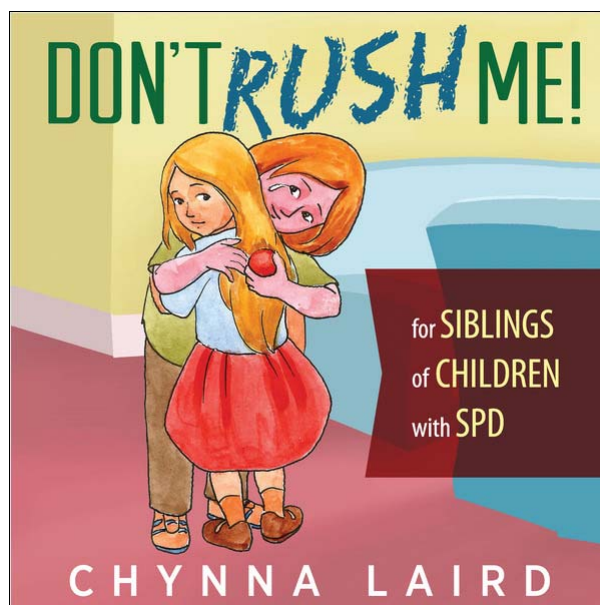
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Don't Rush Me!: For Siblings of Children With Sensory Processing Disorder (SPD)

Publisher: Loving Healing Press
Author: Chynna T. Laird
Illustrator: Richa Kinra
ISBN-13: PB 978-1-61599-264-5 / HC 978-1-61599-378-9 / eBook 978-1-61599-265-2
List Price: PB \$ 15.95 / HC \$ 26.95 / eBook \$ 4.95
Trim: 8.5 x 8.5 (34 pp)
Audience: 4-7 years
Lexile Score: 600L - Grade(s) 2, 3
Pub Date: 01/01/2018
BISAC: JUVENILE FICTION/Social Issues/Special Needs
JUVENILE FICTION/Social Issues/Self-Esteem & Self-Reliance
JUVENILE NONFICTION/Social Issues/Special Needs



Synopsis: A storybook about special needs siblings to engage the whole family!

My daughter, Jordhan, has the unique position of not only being a middle child, but a middle child among siblings with special needs. This story touches on the important contributions Jordhan makes to our family, especially on the days when she doesn't think so. We need more stories for siblings of special needs children. This is my gift to each of them to show how much we appreciate their very important role in the family.

In the book, I have outlined activities that siblings can do on their own, or with parents and/or siblings. To make the most of the message given in the book, as well as from the activities provided, it is my hope that siblings and family members will:

- Have a tool that will help make siblings of special needs children more visible in the family unit;
- Give a voice to siblings that represents how real their feelings and concerns are, even when they aren't always able to verbalize those things;
- Help to provide a greater level of understanding by strengthening communication, patience and respect among family members;
- Show that there is so much more than the labels these families are given and offer some insight into how they can learn to advocate for their children; and
- Remember that each of us brings something beautiful and unique with us into the world that we can learn from, and teach others about. And that's so powerful.

"When you are a sibling of a child with special needs, especially one whose life can be dictated by sensory issues from their environment, you often learn to 'live in the moment.' In this validating family book, Mia's feelings are explored. Often siblings have to sacrifice or alter their day because of the needs of their brother or sister --whether it be leaving a fun activity to go to therapy or dealing with a meltdown that affects the whole family. Don't Rush Me explores these situations in a way that teaches siblings that their way-too-familiar rollercoaster of feelings is normal and that they are not alone in them."

--Diane M. Renna, author of *Meghan's World: The Story of One Girl's Triumph Over SPD*

"Using colorful illustrations to deliver her message and spot-on dialogue, any parent or child can identify with the situations Chynna Laird presents. Written from the perspective of a typical child, one understands the patience and assistance she willingly offers to her siblings with sensory processing difficulties. This is a sweet, lovely book that cheers family relationships and accepts individual differences in others."

--Laurie Zelinger, PhD, ABPP, RPT-S, Board Certified Psychologist, author of *Please Explain "Terrorism" to Me*

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Emma Lou the Yorkie Poo: Breathing in the Calm

Publisher: Loving Healing Press
Author: Kim Larkins
ISBN-13: PB 978-1-61599-456-4 / HC 978-1-61599-457-1 / eBook 978-1-61599-458-8
List Price: PB \$ 15.95 / HC \$ 26.95 / eBook \$ 4.95
Audiobook: iTunes, Audible.com, Amazon
Trim: 8.5 x 8.5 (32 pp)
Audience: 4-7 years
Lexile Score: 650L - Grade(s) 2, 3
Pub Date: 07/01/2019
BISAC: JUVENILE NONFICTION/Health & Daily Living/Mindfulness & Meditation
JUVENILE FICTION/Animals/Dogs
JUVENILE FICTION/Bedtime & Dreams

Synopsis:

Meet Emma Lou, the Yorkie Poo - a little dog with big worries. She loves playing with her best friend, Pearl, but Pearl doesn't always pay attention to Emma Lou's worries. With the help of some new friends, Caleb the Calico cat, Patrick the pig and Gigi the ginormous giraffe, Emma Lou and Pearl begin to learn a new technique to calm their minds and bodies. Parents, educators, counselors - and especially children - can benefit from Emma Lou and her friends' curious adventure to a mindful experience.

Readers will:

- Learn how to help a child that worries
- Teach children a simple technique to practice mindfulness
- Support your child's emotional growth through experiencing a delightful adventure

"*Emma Lou the Yorkie Poo: Breathing in the Calm* is a playful approach to real concerns that kids have on a daily basis. Kim uses relatable animal characters to bring to light concerns that impact children everywhere - along with a great strategy to help!"

-- Marie Robinson, M.Ed., principal, pre-K to 12

"For over 20 years, I have noted our children experiencing increasing levels of joy-blocking anxiety. In this whimsical and engaging story, Kim has created a very useful therapeutic tool. She captured the essence of a hopeful way out that children can readily identify with and rapidly incorporate, just like Emma Lou did!"

-- John Pasquarelli, LCSW, LADC

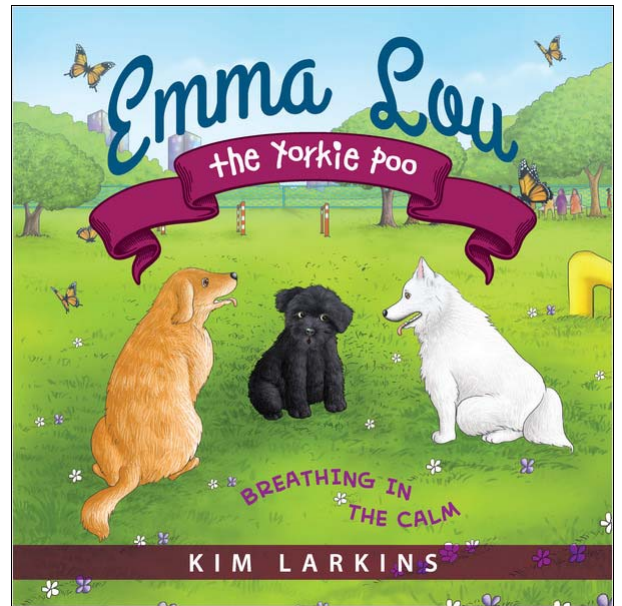
"Kim is a warm, kind and compassionate social worker dedicated to improving the lives of others. Her book is an easy read for children to learn about managing anxiety and contains techniques that can be applied right away."

-- Gwen M. Ackley, LCSW

"With excessive exposure to flashing changing screens, children are having a hard time settling their brains. Their thinking is fragmented and their focus is fractured. In *Emma Lou the Yorkie Poo: Breathing In The Calm*, Kim Larkins cleverly and creatively invites children into an animal-friendly storyline of learning how to calm themselves. Although Larkins addresses worry, *Emma Lou* is a valuable tool for releasing stress throughout the nervous system, induced from screen stimulation."

-- Holli Kenley, author of *Power Down & Parent Up*

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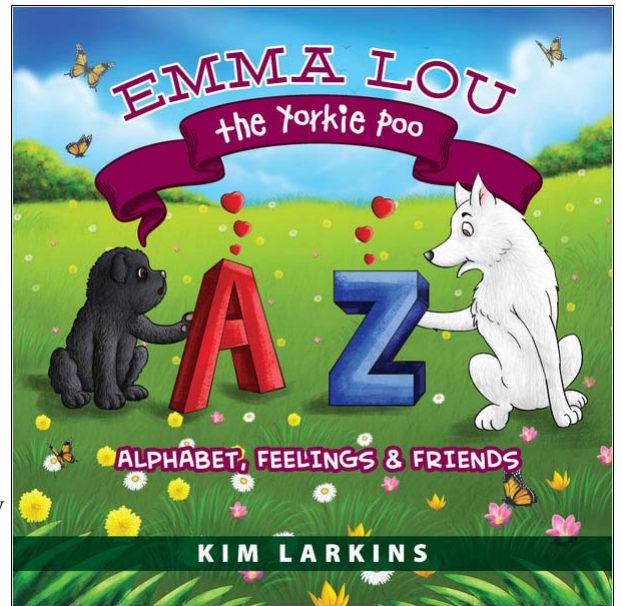
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Emma Lou the Yorkie Poo: Alphabet, Feelings and Friends

Publisher: Loving Healing Press
Author: Kim Larkins
ISBN-13: PB 978-1-61599-550-9 / HC 978-1-61599-551-6 / eBook 978-1-61599-552-3
List Price: PB \$ 19.95 / HC \$ 31.95 / eBook \$ 4.95
Audiobook: iTunes, Audible.com, Amazon
Trim: 8.5 x 8.5 (64 pp)
Audience: 6-8 years
Pub Date: 12/01/2020
BISAC: JUVENILE FICTION/Social Issues/Emotions & Feelings
JUVENILE FICTION/Religious/Christian/Emotions & Feelings
JUVENILE FICTION/Concepts/Alphabet

Synopsis: Emma Lou and Pearl return with some old and new friends in *Emma Lou the Yorkie Poo: Alphabet, Feelings and Friends*. Join them as they experience, through a collection of whimsical rhymes, a wide range of emotions. From A to Z, Emma Lou and Pearl invite children to bring emotions to life and provide reassurance that all feelings are expected and accepted.



To cope with our changing world during this vulnerable time in our history, children now more than ever need to feel free to express their fears, worries and joys. *Alphabet, Feelings and Friends* is a resource for parents, educators and mental health workers to assist children in developing meaningful discussions and insight into their present experiences.

"In a short period of time, readers--and the adults who care for them--can review the brightly colored pages of this alphabet book. This A-Z guide provides rich examples of social and emotional growth experiences for children that can be utilized at home, in the classroom or at therapy spaces."

-- Theresa Fraser, CYC-P, CPT-S, RP, MA, RTC, author of *We're Not All the Same, But We're Family*

"Kim Larkins has written a sweet book that introduces young children to 26 emotions that align with each letter of the alphabet. She uses animal characters, rhymes and fanciful pictures as the vehicle for describing that mindful activities can influence how one feels. "

-- Laurie Zelinger, PhD, ABPP, RPT-S, board certified psychologist and author, former director: New York Association for Play Therapy

"With delightful illustrations and lovely rhymes, this book is a must for any educator, parent or caregiver who wants to help children learn about and manage their emotions. Don't miss this opportunity to journey through the alphabet with delightful pups Emma Lou and Pearl and discover a little mindfulness too! "

-- Kellie Doyle Bailey, MA CCC-SLP, MMT/SEL, author of *Some Days I Flip My Lid, Some Nights I Flip My Lid - Learning to be Calm Cool Kids*.

"This book is an interesting resource to be used with one or more children as part of an educational or therapeutic process. It supports children in start learning how to recognize and manage feelings. I appreciate the background message implying, and somehow inviting to consider, that in difficult times we are not alone and we can rely on others. The use of the rhymes makes the text involving and pleasant to be read (or listened) out loud."

-- Isabella Cassina, MA, TP-S, CAGS, PhD Student, INA International Academy for Play Therapy studies and PsychoSocial Project

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Practicing Mindfulness: Emma Lou the Yorkie Poo's Activity and Coloring Book for Kids

Publisher: Loving Healing Press

Author: Kim Larkins

ISBN-13: PB 978-1-61599-698-8 / HC 978-1-61599-699-5 / eBook 978-1-61599-709-1

List Price: PB \$ 13.95 / HC \$ 24.95 / eBook \$ 4.95

Trim: 8.5 x 11 (38 pp)

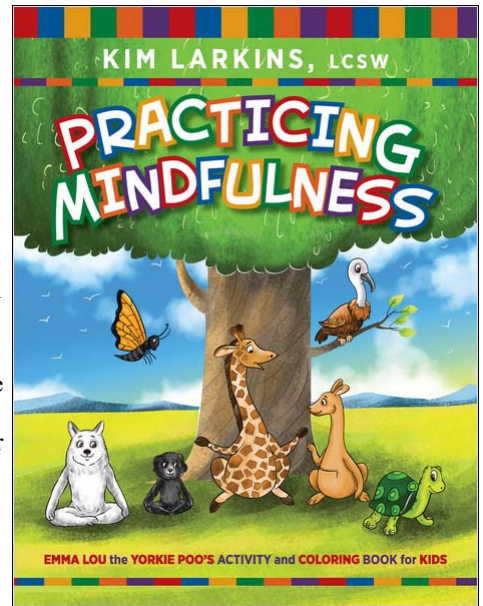
Audience: 8-11 years

Pub Date: 10/01/2022

BISAC: JUVENILE FICTION/Social Issues/Emotions & Feelings

JUVENILE NONFICTION/Health & Daily Living/Mindfulness & Meditation

JUVENILE NONFICTION/Activity Books/Coloring



Synopsis: Let Emma Lou the Yorkie Poo and her friends help your child learn and practice mindfulness skills in this highly interactive activity and coloring book. Emma Lou, with the help of Gigi the Ginormous Giraffe and all her friends, want to help children remember ways to be mindful. A variety of activities will help children sharpen their mindfulness skills. Children will:

- Follow a maze to Gigi's house
- Color in pictures to go with each lesson
- Learn a breathing technique
- Practice being present
- Try a crossword puzzle about feelings and much more!
- Have fun and remember to be mindful from start to finish!

"This book will be a helpful tool for the therapist or school counselor who uses directive approaches. The activities are easy to introduce and scaffold mindfulness opportunities for children and their families. It can be used as a standalone intervention or integrated with other therapeutic approaches."

--Theresa Fraser, CYC-P, CPT-S, MA, RP, RCT, CT, trauma, loss and attachment clinical specialist

"Through a variety of fun and insightful exercises, Kim Larkins' Practicing Mindfulness offers children the gift of cultivating awareness and the beautiful magic that awaits them in the present." --Aimee Ruland, author of *Float: A Guide to Letting Go*

"An important and engaging resource! This book is a must-have for therapists, caregivers, teachers and anyone who hopes to share with children the gift of mindfulness. With playful, succinct dialogue and delightful drawings, this book will be cherished by children and adults alike!"

--Jillian Kelly-Wavering, LCSW, RPT-S, author of *My Grief is Like the Ocean*

"The Practicing Mindfulness activity book follows a progression of knowing how to become present, how our body sensations communicate with us and how to create compassion for ourselves and others. The simplicity of the activity book makes it accessible for different age ranges and is a space for creativity to shine. "

--Lindsey Frank, M.Ed., president of the Coalition of Schools Educating Mindfully (COSEM), author of *The Superpower of Your Heart*

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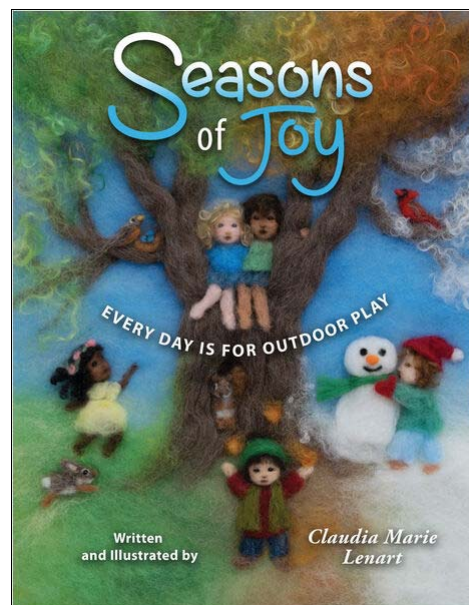
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Elsewhere: (734)417-4266
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Seasons of Joy: Every Day is for Outdoor Play

Publisher: Loving Healing Press
Author: Claudia Marie Lenart
Illustrator: Claudia Marie Lenart
ISBN-13: PB 978-1-61599-317-8 / HC 978-1-61599-318-5 / eBook 978-1-61599-319-2
List Price: PB \$ 15.95 / HC \$ 26.95 / eBook \$ 4.95
Trim: 8.5 x 11 (32 pp)
Audience: 3-5 years
Lexile Score: 530L - Grade(s) 1, 2, 3
Pub Date: 04/01/2017
BISAC: JUVENILE FICTION/Concepts/Seasons
JUVENILE FICTION/Imagination & Play

Synopsis: Immerse Your Child in the Wonder of Nature in Every Season

The pure and simple delight of children playing outside is captured in needle-felted wool paintings created by Claudia Marie Lenart in *Seasons of Joy: Everyday is for Outdoor Play*. The picture book pairs dreamy images of multi-cultural children, animals, flowers and trees with verse that expresses the joy young children experience in nature's seasons. Children can see themselves in the diverse characters and can be inspired to spend more time playing outdoors and connecting to nature.



"Young children learn through imitation and movement. If that movement is filled with imaginative pictures, they are able to take it up in their whole being and express it outwardly in their play. Claudia Lenart's book *Seasons of Joy* uses the artistic medium of needle-felted wool to express the joy of children in movement at every season of the year."

--Barbara Patterson, retired Waldorf Extra Lesson teacher in private practice, author of *Beyond the Rainbow Bridge: Nurturing Our Children from Birth to Seven*

"In *Seasons of Joy*, Claudia Lenart uses her beautiful rhyming prose to tell a classic tale of the changing of the seasons and the carefree pleasure of playing outside all year around. The details in every scene are meticulous and refined, down to the distinct wing pattern of a butterfly and the catchlight in a squirrel's eye. This book is exactly what it sets out to be - a joy to read and an inspiration for nature play for children everywhere."

--Linda Akeson McGurk, journalist, blogger at Rain or Shine Mama, author of *There's No Such Thing As Bad Weather*

"What a treat to meander through the seasons with these wonderful words and beautiful wool paintings. Claudia is an extraordinary fiber artist who has the special talent of bringing magical scenes to life. A delight for adults and children alike."

--Donni Webber, www.TheMagicOnions.com, author of *Magical Miniature Gardens and Homes*

Juvenile Fiction: Concepts - Seasons

Learn more at www.ClaudiaMarieFelt.com

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The Home Wind: A Novel

Imprint: Gnarly Woods Publications
Author: Terri Martin
ISBN-13: PB 978-1-735-2043-1-4 / eBook 978-1-61599-679-7
List Price: PB \$ 17.95 / eBook \$ 4.95
Trim: 5.5x8.5 (202 pp)
Audience: 9-13 years
Pub Date: 05/01/2022
BISAC: JUVENILE FICTION/Action & Adventure/Survival Stories
JUVENILE FICTION/Historical/United States/19th Century
JUVENILE FICTION/Social Issues/Adolescence and Coming of Age

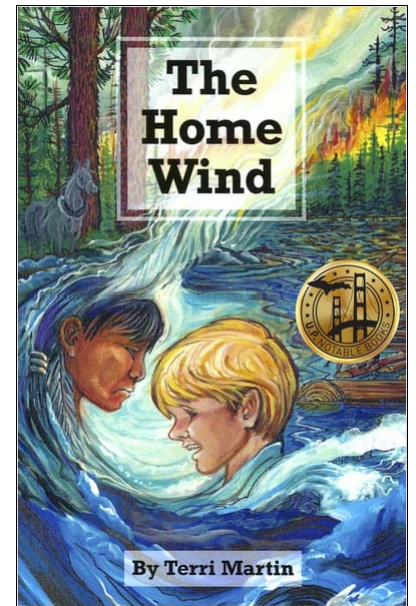
Synopsis: Jamie Kangas struggles with turbulent emotions caused by the death of his father, who perished in a logging accident--an accident for which Jamie blames himself. While his mother works as cook in a logging camp, Jamie is run ragged as chore boy. The grinding dreariness fades when Jamie meets a Native American boy, Gray Feather, who carries a burden of his own. The two boys become close friends as they face the challenges of a harsh environment and prejudiced world. And as trees fall to the lumberjack's blade, Jamie hears the ghostly words of his father, warning of future catastrophe.

The Home Wind is a middle-grade children's novel (ages 9 and up), which takes place during the 1870s in a Michigan logging camp. Quality paperback, 198 pages plus discussion guide.

"*The Home Wind* is an engaging story of two boys who must find their way through the difficulties of life on the road to becoming men. It is set during the 1870s in the Fox River logging camp near Seney in Upper Michigan. Jamie Kangas struggles with the guilt of feeling responsible for his father's death. He discovers a Native American boy, Gray Feather, hiding in the camp stables, nearly frozen and starved, who carries burdens of his own. Soon the two become close friends.

The author weaves the backstory of both boys through action and dialogue, with impeccably researched details. Her descriptions of the scenes and action make a reader feel as if they are right there in the middle of it all. Readers can't miss the symbolism found throughout the book and a wonderful way to learn about the past at the same time. This book should go far, and not just with young audiences. A great discussion guide can be found at the end of the book for classroom, homeschool, or adult book club use." -- Deborah K. Frontiera, *U.P. Book Review*

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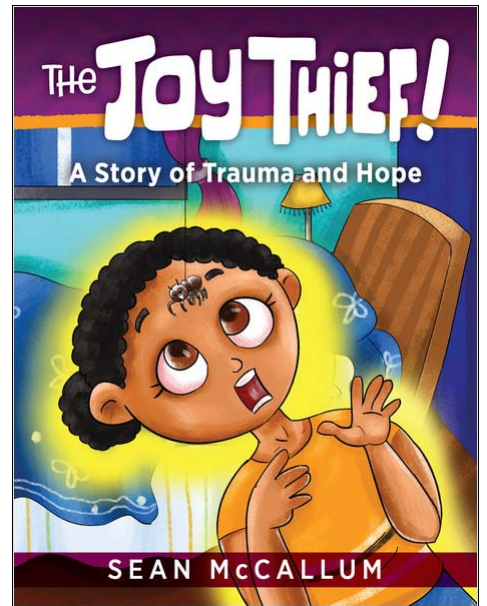
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The Joy Thief: A Story of Trauma and Hope

Publisher: Loving Healing Press
Author: Sean McCallum
ISBN-13: PB 978-1-61599-666-7 / HC 978-1-61599-667-4 / eBook 978-1-61599-668-1
List Price: PB \$ 16.95 / HC \$ 27.95 / eBook \$ 4.95
Trim: 8.5 x 11 (32 pp)
Audience: 5-8 years
Lexile Score: 640L - Grade(s) 2, 3
Pub Date: 04/01/2022
BISAC: JUVENILE FICTION/Health & Daily Living/Mental Health
JUVENILE FICTION/Social Issues/Physical & Emotional Abuse (see also Social Issues/Sexual Abuse)
JUVENILE FICTION/Social Issues/Emotions & Feelings



Synopsis: *The Joy Thief!* is a story that helps children and adults to discover more about a subject that is often difficult to understand. Demonstrating the subjectivity of trauma, *The Joy Thief!* highlights how a seemingly ordinary occurrence can have a significant impact upon the wellbeing of a child, particularly if left unaddressed. Challenging the idea that trauma only occurs during more "serious" incidents, *The Joy Thief!* leads us to conclude that such occurrences, or rather our responses to them, may be more significant for children's mental health than we would perhaps like to admit. The story of *The Joy Thief!* encourages help-seeking, while challenging adults to consider the way they handle such situations. The story is written in a person-centred fashion, seeking to normalize a range of outcomes that children may experience following a traumatic experience--including the little-acknowledged phenomena of imaginary "friends." Whilst highlighting positive themes of intersectional diversity, *The Joy Thief!* also challenges us to consider issues of parental absence, inattention, and invalidation within the context of the needs of children.

Above all, *The Joy Thief!* is a story of hope.

"This book demonstrates beautifully a gentle reminder to parents about the way that children can perceive the world and then models to children how talking about difficult things helps. Supporting better mental health and wellbeing for children is invariably about how the adults around the child respond to what is so often in front of our noses, yet we fail to always see."

-- Lisa Cherry, schools, services & systems consultant, and author on trauma-informed and relationship focused practice (Twitter: @LisaCherry)

"*The Joy Thief!* is a joy to read and is a beautifully illustrated book with inviting and fun colours. The language is simple, using the idea of rhymes to communicate the powerful and crucial message of children sharing their fears and worries with a trusted grown up, so they can get rid of their Joy Thief and be happy. Learning to share our innermost anxieties and not hold onto trauma is an essential lesson that we need to teach at an increasingly early age."

-- Deborah Somerset, safeguarding trainer and trauma-informed consultant. (Twitter: @DLSSafeguarding)

"Sean McCallum has written a lovely book with vivid colors, rhyming text and a message. He describes how the unexpected appearance of spider frightens a young girl and the subsequent distress that builds up with repeated suppression of the memory. With psychological underpinnings, this book explores the impact of keeping upsetting thoughts pent up as well as the benefit of being able to share them with someone you trust. Highly recommended."

--Laurie Zelinger, PhD, ABPP, RPT-S, Board Certified Psychologist, author of *Please Explain Anxiety to Me* and *Please Explain Alzheimer's to Me*

Learn More at www.TheJoyThief.Net

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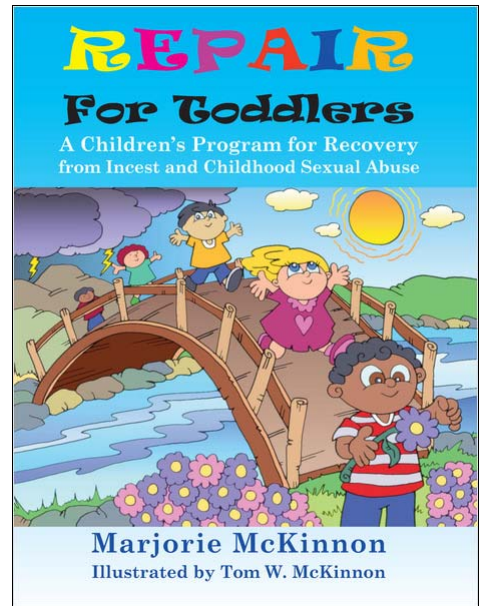
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REPAIR for Toddlers: A Children's Program for Recovery from Incest & Childhood Sexual Abuse

Publisher: Loving Healing Press
Author: Marjorie McKinnon
Illustrator: Tom McKinnon
ISBN-13: PB 978-1-61599-089-4
List Price: PB \$ 17.95
Trim: 8.5 x 11 (42 pp)
Audience: 3-5 years
Pub Date: 01/01/2011
BISAC: JUVENILE NONFICTION/Social Issues/Sexual Abuse
FAMILY & RELATIONSHIPS/Abuse/Child Abuse
PSYCHOLOGY/Developmental/Child



Synopsis: **R.E.P.A.I.R** is Recognition, Entry, Process, Awareness, Insight, and Rhythm

Enter a Six-Stage Program with your 2- to 6-year-old child to cross the "Bridge of Recovery" and make available a whole new world of hope:

- Uncover and acknowledge feelings by discovering emotion
- Build self-esteem and optimism with the "Magic Mirror"
- Discern healthy and unhealthy messages
- Learn special games to rebuild courage and optimism
- Reveal inner states with picture drawing
- Break free from the confines of false shame
- Cultivate self-care skills and practices
- Learn about boundaries and bodies
- Return to the natural rhythm and flow of life

Therapists' Acclaim for the *REPAIR* system

"REPAIR for Kids provides a comprehensive, honest and passionate approach for children recovering from sexual abuse. Children will benefit from this book, and be encouraged to continue on their recovery journey." --Jill Osborne, Ed.S, author of *Sam Feels Better Now*

"I wish I had had something like this a long time ago for my sad and shamed 'little girl' within. I can't think of anything I'd change. You have covered it all and with wonderful sensitivity, perfect timing and terrific repair exercises. I love the cartoons and the colorfulness of your book as well." --Marcelle Taylor, MFT

"I found this book to be well thought out and written, and one that would be helpful for any child who has known the pain of sexual abuse. I wish a caring adult had shared this book with my siblings and myself, it would have helped ease our pain and sorrow." --Michael Skinner, musician and child mental health advocate

Learn more about this revolutionary system at www.TheLamplighters.org

The Growing With Love series from Loving Healing Press www.Lovinghealing.com

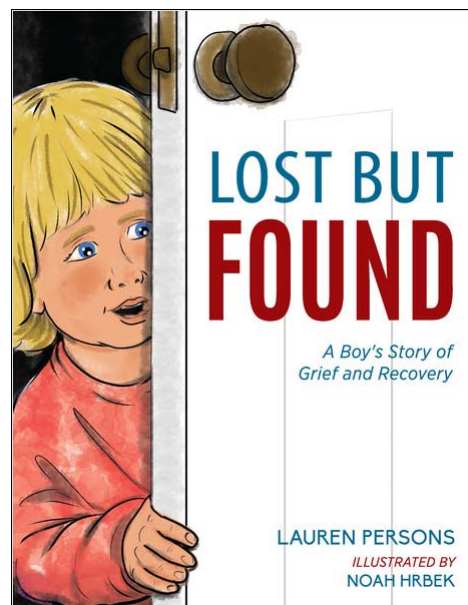
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Lost But Found: A Boy's Story of Grief and Recovery

Publisher: Loving Healing Press
Author: Lauren Persons
Illustrator: Noah Hrbek
ISBN-13: PB 978-1-61599-547-9 / HC 978-1-61599-548-6 / eBook 978-1-61599-549-3
List Price: PB \$ 14.95 / HC \$ 26.95 / eBook \$ 3.95
Trim: 8.5 x 11 (26 pp)
Audience: 4-6 years
Lexile Score: 540L - Grade(s) 2, 3
Pub Date: 12/01/2020
BISAC: JUVENILE FICTION/Social Issues/Death & Dying
JUVENILE FICTION/Concepts/Body*
JUVENILE FICTION/Family/Parents



Synopsis: *Lost But Found: A Boy's Story of Grief and Recovery* deals with one of the toughest issues a parent may ever have to face--explaining to a child that a loved one has died. Often, to protect them, children are left out of the grieving process. This book allows adults to travel with a young boy as he works to make sense of his loss--and, in turn, their own.

I wrote this book to allow children to ask questions, and talk about their fears and feelings. What I have found is that often children have better insights on these hard life questions than the adults in the room!

"The endearing simplicity and musicality of Lauren's words burst with unspoken emotion, leaving room for every child's experience. Noah's illustrations portray tender human contact, comforting young readers and the families who love them."

-- Pegi Deitz Shea, award-winning children's book author

"*Lost But Found* is a sweet book with beautiful pictures that tackles grief at a developmental level for a very young child. The ambiguous term "to lose" somebody is demystified, as a young boy comes to understand what happened to his father, and how their connection lives on."

-- Laurie Zelinger, PhD, ABPP, RPT-S, Board Certified Psychologist and author, former Director of New York Association for Play Therapy

"*Lost But Found* is a brief story that faces a difficult and important topic--the loss of a parent. The story provides a two-pronged approach a caregiver can use as a starting point to approach this delicate topic with a child: a sense of perspective and hope for the future, and the idea that we, as children, can find "pieces" of our parents around us and inside us. I appreciate the incentive to reflect on and remember who the lost parent was and how he lives on through his child."

-- Isabella Cassina, MA, TP-S, CAGS, PhD Student, Project Manager, Trainer and Continuing Education Program Administrator (CEPA), INA International Academy for Play Therapy studies and PsychoSocial Projects

"The story of *Lost But Found* is written to help children understand the loss of a loved one. It is never easy to talk with a child about this subject, and the author provides a tender, truthful and believable story. It is written from the heart and will serve as a conversation starter in assisting a child's understanding of the grieving process. In addition, the beautiful illustrations provide the reader a sense that they are embraced and one with the story. I highly recommend this book for children and adults."

-- Linda Cohen, Elementary School Principal

"At any age, understanding death is confusing and complex. It is especially so for children. In *Lost But Found*, author Lauren Persons gently removes some of the mystery around loss and invites children into a comforting conversation around lasting belonging and hope. Illustrations by Noah Hrbek enrich this tender and much-needed children's book."

-- Holli Kenley, author of *Power Down & Parent Up* and *Pilates For Parenting*

"Knowing Lauren Persons for over 20 years (and happily counting) this children's book reflects a genuine heart full of emotion and love. If all people faced with difficulties had the courage and the dignity and the grace that Lauren Persons has, our world would be a better place for our children to live."

--John Mascia, elementary school teacher

"With simple, accessible words and drawings, *Lost But Found* perfectly captures the experience of loss, and the power of memory and love."

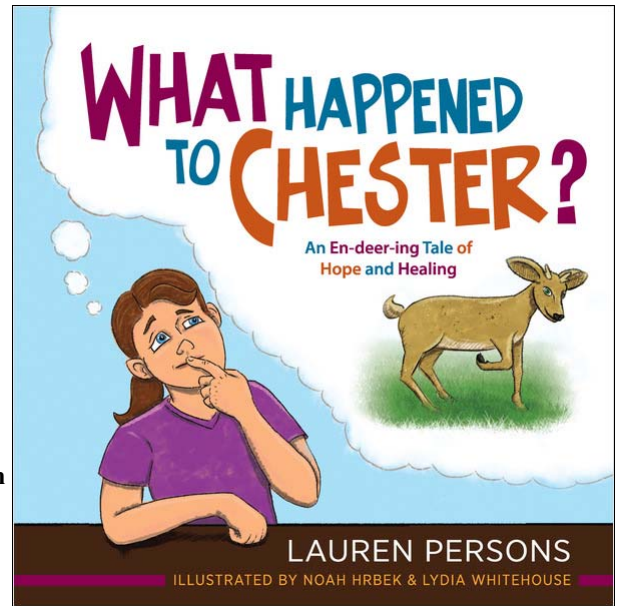
-- Amy N. Ship

From Loving Healing Press www.LHPress.com

What Happened to Chester?: An En-deer-ing Tale of Hope and Healing

Publisher: Loving Healing Press
Author: Lauren Persons
Illustrator: Noah Hrbek
ISBN-13: PB 978-1-61599-700-8 / HC 978-1-61599-701-5 / eBook 978-1-61599-702-2
List Price: PB \$ 15.95 / HC \$ 27.95 / eBook \$ 4.95
Trim: 8.5 x 8.5 (22 pp)
Audience: 8-11 years
Pub Date: 10/01/2022
BISAC: JUVENILE FICTION/Animals/Mammals
JUVENILE FICTION/Social Issues/Special Needs
JUVENILE FICTION/Social Issues/Self-Esteem & Self-Reliance

Synopsis: Rory, an adventurous, take-charge young girl, meets her match in Hobbly Wobbly Chester McDeer. She soon learns that her friend can jump over any obstacle, despite his disability, and make a big difference to family and friends. Colorful, fun illustrations make the journey delightful for kids young and old.



"What Happened to Chester? is a heartwarming story. This book is compelling to young eyes while teaching a very important message of overcoming obstacles. The book guides the reader to understand being different. My favorite aspect of the book is the bond created by Chester and Rory, because it provides a positive example of how it's okay to be friends with people who are different than you. I also think this story's softly underlying message may help prevent bullying. This is a great book for young children."

--Lauren Nicole Pace, community research coordinator, Medicare Transport & Achievement Centers

"What Happened to Chester? is an uplifting book for those who have experienced the excitement of adventure that abruptly results in a different life pathway. Chester's accident doesn't keep him from living life to the fullest. A child's takeaway from this tale is to be true to oneself and keep focused on dreams and goals - no matter what obstacles they may have to overcome. This beautifully illustrated book is an endearing tale of resilience."

--Linda Cohen, elementary school principal

"This was not only a sweet story, but also an educational one, filled with empathy and love for animals; in this case, an injured deer. The wonderful and poetic storytelling of Lauren Persons guides you through events with Rory and how empathetic she is toward Chester. As an elementary school teacher, teaching empathy towards animals is a difficult task, but Lauren Persons has accomplished this task with great storytelling and love."

--John Mascia, elementary school teacher

"This warm, wonderful and inspiring book shows kids that it's ok to be different and not to let anything or anyone scare you away from your purpose."

--Chanene Hawkins, TESOL teacher

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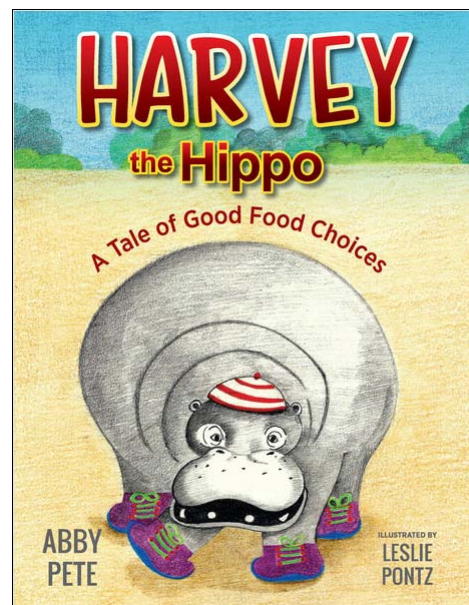
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Harvey the Hippo: A Tale of Good Food Choices

Publisher: Loving Healing Press
Author: Abby Pete
Illustrator: Leslie Pontz
ISBN-13: PB 978-1-61599-565-3 / HC 978-1-61599-566-0 / eBook 978-1-61599-567-7
List Price: PB \$ 19.95 / HC \$ 32.95 / eBook \$ 4.95
Audiobook: iTunes, Audible.com, Amazon
Trim: 8.5 x 11 (40 pp)
Audience: 4-7 years
Lexile Score: 570L - Grade(s) 2, 3
Pub Date: 05/01/2021
BISAC: JUVENILE FICTION/Animals/Hippos & Rhinos
JUVENILE FICTION/Cooking & Food
JUVENILE FICTION/Health & Daily Living/Daily Activities



Synopsis: Up in the sky... Is it a bird? A plane? No, it's Harvey the hippo floating by!

As all hippos do, Harvey liked to eat a lot of food. But, unlike other hippos, Harvey liked to eat all kinds of food, especially treats and he liked to eat a lot of them. He ate so many treats that he floated up to the sky and around the world. He got to see many interesting sights but after a week of fun travel and not eating a thing, he got so thin he floated right back into his zoo where his family and friends, and a mound of lettuce, were waiting for him.

"*Harvey the Hippo* brings new delight to the body of read-aloud literature for young children. The rhythm of the poem is sure to engage the ear of many a three to six-year-old, and the vibrantly tinted illustrations are pure confection to the eye. Thank you, Harvey, for nourishing the inner life of the young child!"

--Toni Seidl, child psychotherapist

"As a pediatrician, I see the effects of unhealthy food choices on children every day. *Harvey the Hippo* is a fun, beautifully illustrated story that opens the door for families to discuss with young children how food choices affect their bodies".

--Jamie Pinto, pediatrician

"Our daughters loved the rhyming words, illustrations, and lessons learned about eating well in *Harvey the Hippo*. It was fun to join Harvey on his trip around the world. We were able to discuss geography, different cultures, and foods. This book will serve as a touchstone for our family to remind all of us to eat well and only enjoy treats in moderation."

--Martha and Paul Sharkey, Founders, *Today Is A Good Day*

Learn more at www.HarveyTheHippo.com

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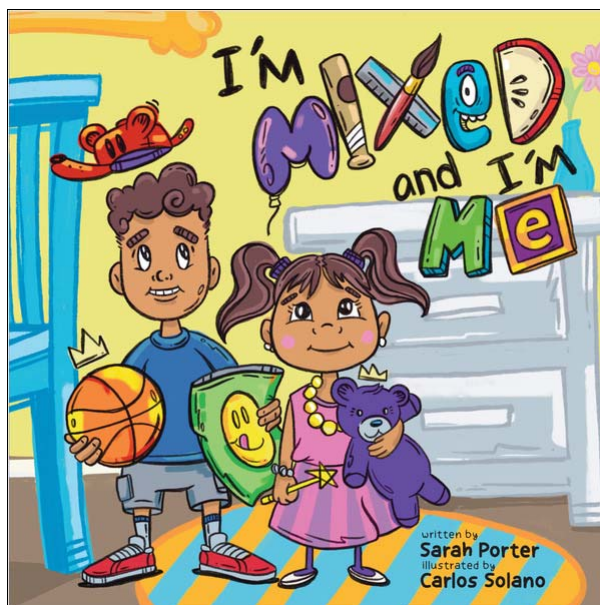
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I'm Mixed and I'm Me: A Celebration of Multiracial and Multicultural Identity

Publisher: Loving Healing Press
Author: Sarah Porter
Illustrator: Carlos Solano
ISBN-13: PB 978-1-61599-713-8 / HC 978-1-61599-714-5 / eBook 978-1-61599-715-2
List Price: PB \$ 14.95 / HC \$ 24.95 / eBook \$ 4.95
Trim: 8.5 x 8.5 (24 pp)
Audience: 5-8 years
Pub Date: 01/01/2023
BISAC: JUVENILE FICTION/Social Issues/Prejudice & Racism
JUVENILE FICTION/Diversity & Multicultural
JUVENILE FICTION/Social Issues/Self-Esteem & Self-Reliance

Synopsis: In *I'm Mixed and I'm Me*, Snacks and Wiggles are on a journey, snacking and dancing through their day to understand where they came from and why they are different from some of their friends. From Mommy's northern Maine woods to Daddy's Jamaican beaches, they will explore what it means to be from two different cultures. They will learn what sets them apart but also how their differences are exactly what make them special.



Key learning points include:

- Many feelings are associated with figuring out your identity
- There are many ways to be a family
- It's important to understand differences
- The color of your skin does not define you
- Kindness is what unites us all
- We are all the same on the inside
- Each parent brings something unique to your identity and culture
- No matter what you look like, you are loved for who you are

"As part of a mixed couple, we often receive stares, and my children get questions. It is so important to teach children to focus on the similarities rather than the differences and to understand that love breaks all barriers. Love the book!"

--Dr. Deborah Gracia, D.O. and mom

"Sarah Porter has written a delightful, rhyming book with colorful illustrations that will help children of all cultures and races be proud of their identity and give them a sense of belonging. Children will understand the importance of embracing diversity and accepting others--regardless of the color of their skin or their diverse heritages. This book will delight all children who, at some point, will struggle with their identity."

--Kim Larkins, Licensed Clinical Social Worker, author of *Emma Lou the Yorkie Poo: Breathing in the Calm*

"*I'm Mixed and I'm Me* is a must-read for any family, especially those with multicultural children. Beautifully written and colorfully illustrated, it's an excellent book to read with your kids. It teaches children the simple yet all-important lessons of self-love and empowerment."

--Dr. Sonali Ruder, ER physician and founder of TheFoodiePhysician.com

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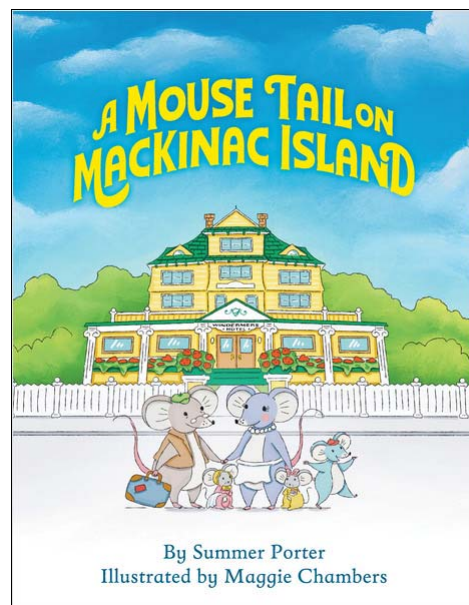
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A Mouse Tail On Mackinac Island: A Mouse Family's Island Adventure in Northern Michigan

Imprint: Modern History Press
Author: Summer Porter
Illustrator: Maggie Chambers
ISBN-13: PB 978-1-61599-654-4 / HC 978-1-61599-655-1 / eBook 978-1-61599-656-8
List Price: PB \$ 18.95 / HC \$ 29.95 / eBook \$ 4.95
Trim: 8.5 x 11 (38 pp)
Audience: 5-8 years
Lexile Score: 810L - Grade(s) 3, 4
Pub Date: 05/01/2022
BISAC: JUVENILE FICTION/Animals/Mice, Hamsters, Guinea Pigs, etc.
JUVENILE FICTION/Travel
JUVENILE FICTION/Transportation/Boats, Ships & Underwater Craft

Synopsis: On a warm summer day in northern Michigan, a family of mice finds their way to Mackinac Island, the "jewel of the Great Lakes," to start a new life. Tag along and enter a world of whimsy in *A Mouse Tail on Mackinac Island*.



Join the family--Father Mouse, a lover of cheese; Mother Mouse, a singer of lullabies; Max Mouse, a collector of stamps and Millie and Maizy Mouse, sweet little babies--as they search for the perfect home. What adventures will they have? Where will they live? What dangers will they encounter? With vibrant illustrations and a charming story, *A Mouse Tail on Mackinac Island* will capture both your heart and imagination.

~~~~~

"Soon to become a Mackinac favorite--make way for this amusing and entertaining story. Whimsical illustrations, filled with recognizable details, engage the reader throughout this thoughtful book. Who wouldn't want to join the little Mouse family on an island adventure?"

--Jennifer Powell, author and illustrator, *What I Saw on Mackinac*

"Maggie Chambers and Summer Porter have created a fun and colorful adventure of a family of mice all readers will enjoy--and, like a bite of island fudge, *A Mouse Tail on Mackinac Island* will prove very satisfying!"

--Jim Bolone, co-author, *The Dockporter*

"Magnifying the little things in life, *A Mouse Tail on Mackinac Island* is a charming story told with an educational twist. Heartwarming characters, a unique setting and glorious imagery will make this book a family favorite and Mackinac Island staple."

--Kate Dupre, local artist and proprietor, Watercolor Cafe

"This charming children's book captures the essence of Mackinac Island. A classic 'tail' for people of all ages that will spark a sense of wonder for years to come." --Mayor Margaret Doud, city of Mackinac Island

Learn more at [www.MouseTailOnMackinac.com](http://www.MouseTailOnMackinac.com)

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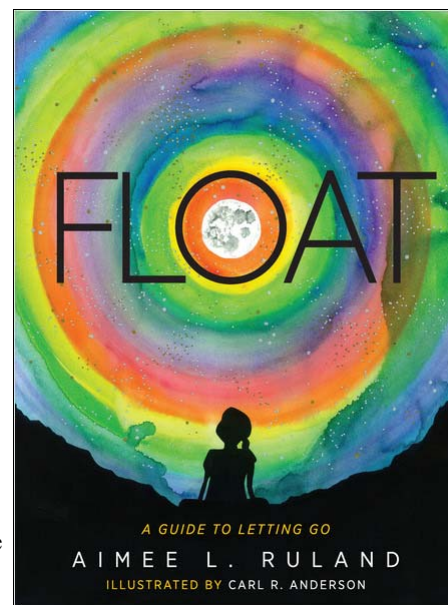
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## Float: A Guide to Letting Go

**Publisher:** Loving Healing Press  
**Author:** Aimee L. Ruland  
**Illustrator:** Carl R. Anderson  
**ISBN-13:** PB 978-1-61599-459-5 / HC 978-1-61599-460-1 / eBook 978-1-61599-461-8  
**List Price:** PB \$ 15.95 / HC \$ 26.95 / eBook \$ 4.95  
**Audiobook:** iTunes, Audible.com, Amazon  
**Trim:** 8 x 10.88 (38 pp)  
**Audience:** 4-7 years  
**Pub Date:** 07/01/2019  
**BISAC:** JUVENILE NONFICTION/Health & Daily Living/Mindfulness & Meditation  
JUVENILE NONFICTION/Bedtime & Dreams  
JUVENILE NONFICTION/Social Issues/Emotions & Feelings



**Synopsis:** *Float: A Guide to Letting Go* seeks to encourage children to process their emotions gently and in a way that allows them purposeful ownership of what they think and how they feel. It will aid them in identifying the root of their feelings, help them to examine their reactions to emotions and decide for themselves what they may be ready to release. The thoughtful use of color and symbols, and the guided practice of breathwork, encourages readers to maintain a broad focus as they become more grounded and aware. The playful rhyme dances with readers as they grow on their journey to the present, where they are beautifully set free.

Readers will enjoy:

- Learning how to identify and examine emotions
- Understanding how to release unwanted thoughts and feelings
- Permission to acknowledge, accept, feel and heal in a unique way

“Aimee Ruland’s book, *Float*, is a masterpiece of creativity where the intangible becomes relatable, fun and beautifully depicted. Teaching children mindfulness, kindness and intention regarding their feelings might just be the most important lesson we can teach them. This book belongs on the shelf of every child—or anyone who has ever been a child.”

--Stephanie Wharton, M.Ed., INHC

“What a beautiful message for children of all ages! A brilliant example of emotions and feelings that may be difficult for children to define with words. *Float* is the perfect story to help a child’s mind and body unwind at the end of the day. I found myself thinking about the message long after reading the story.”

--Tanya Swanson, kindergarten teacher

“Beautiful, soothing words to comfort children and guide them in using imagery to help deal with the weight of daily emotions.”

--Susan E. Slater, children’s librarian

“*Float* does a great job blending imagery to relate to feelings of young children. The colors of the balloons are neatly tied into each feeling discussed in the book. The strategies are appropriate, simple and thought provoking. A great read!”

--Matthew Menard, M.S., M.Ed., LPC

“Aimee Ruland is the Dr. Seuss of children’s therapy books. My seven-year-old loves the book, and so do I.

--Jeffrey Barkstrom, LAC

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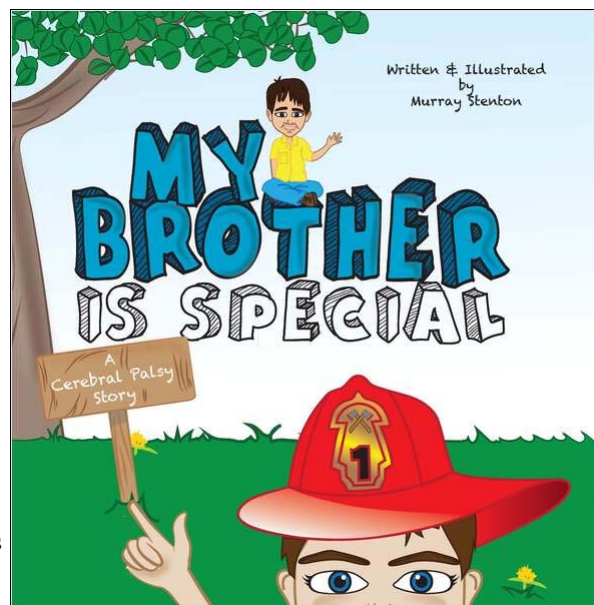
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## My Brother is Special: A Cerebral Palsy Story

**Publisher:** Loving Healing Press  
**Series:** Growing With Love  
**Author:** Murray Stenton  
**Illustrator:** Murray Stenton  
**ISBN-13:** PB 978-1-61599-309-3 / HC 978-1-61599-326-0 / eBook 978-1-61599-310-9  
**List Price:** PB \$ 15.95 / HC \$ 27.95 / eBook \$ 4.95  
**Trim:** 8.5 x 8.5 (40 pp)  
**Audience:** 5-8 years  
**Lexile Score:** 540L - Grade(s) 2, 3  
**Pub Date:** 12/01/2016  
**BISAC:** JUVENILE FICTION/Social Issues/Special Needs  
JUVENILE FICTION/Family/Siblings

### Synopsis: Ethan is a big brother like no other!

Life with a special need child has its fair share of challenges. These challenges are not only for the parents, but extend to those other wonderful little children, the siblings. This book helps shine some light on the difficulties and the job siblings special needs children experience every day. It is a light-hearted take of one little boy's thoughts of his big brother Ethan, who was born with Cerebral Palsy.



"As a mother of, and advocate for, special needs children, I highly recommend this book as a learning tool for others. I gave my child a voice, as this author is doing for his, and I applaud him for it." -- Chynna Laird, author of *I'm Not Weird, I Have Sensory Processing Disorder* and *Not Just Spirited*

"Engaging and lighthearted, *My Brother is Special* captures what children with cerebral palsy and their families may experience. The characters are loveable and entertaining. Children will enjoy this book and relate to their experiences."

-- Jill Osborne, EDS, LPC, CPC, RPTS, author of *Sam Feels Better Now*

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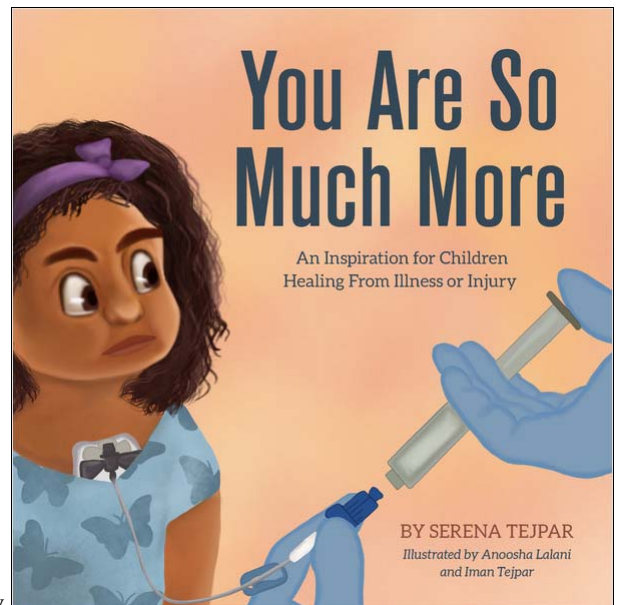
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## You Are So Much More: An Inspiration for Children Healing from Illness or Injury

**Publisher:** Loving Healing Press  
**Author:** Serena Tejpar  
**Illustrator:** Anoosha Lalani  
**ISBN-13:** PB 978-1-61599-632-2 / HC 978-1-61599-633-9 / eBook 978-1-61599-634-6  
**List Price:** PB \$ 16.95 / HC \$ 28.95 / eBook \$ 4.95  
**Audiobook:** iTunes, Audible.com, Amazon  
**Trim:** 8.5 x 8.5 (44 pp)  
**Audience:** 5-7 years  
**Lexile Score:** 520L - Grade(s) 1, 2, 3  
**Pub Date:** 06/01/2022  
**BISAC:** JUVENILE FICTION/Health & Daily Living/Diseases, Illnesses & Injuries  
JUVENILE FICTION/Social Issues/Self-Esteem & Self-Reliance  
JUVENILE FICTION/Social Issues/Emotions & Feelings



**Synopsis:** Research has shown that building resilience in the face of adversity or challenges helps children and young people develop effective coping strategies and improve long term outcomes across a spectrum of illnesses. *You Are So Much More* reminds children who have gone through or are going through an illness or injury, that they are indeed so much more. Trauma survivor and medical student Serena Tejpar shares a story of inspiration, reflection, and encouragement that can be read over and over again.

"This book is so much more than a story, it is a message of strength and courage for children experiencing illness and hospitalization, for their parents and caregivers. The author refers to the reader in the first person and the narrative stimulates the internal resources of the child. Under the guidance of a caring adult, the book becomes a useful addition to children's recovery process."

Isabella Cassina, MA, PhD Candidate, registered Therapeutic Play Specialist and international speaker, author of *The Magic Home: A Displaced Boy Finds a Way to Feel Better*

"I am thoroughly impressed with the children's book, *You Are So Much More*. It is geared toward children experiencing long term hospital stays and reminds them that their illness or injury does not define them. While many outsiders often try to distract a compromised child with upbeat messages and avoid talking about the elephant in the room, Serena Tejpar acknowledges the child's situation, even all of the bad parts, and then puts into perspective that there is more to the child than their medical condition. She is both realistic and supportive. Tejpar creates a self dialogue with positive messages the child can use, reminding them of their strength, resilience, and bravery. I am pleased to read a book written by such a medical student. Her empathy will carry her far as she exercises her skills in the life work of healing others."

Laurie Zelinger, PhD, ABPP, RPT-S, Board Certified Psychologist and author of *Please Explain Vaccines to Me*

"As a Play Therapist I am constantly working with children with chronic issues. I loved how *You are So Much More* focuses on the child and not the illness. I found it to be sweet, encouraging, uplifting and compassionate way of encouraging children with chronic illnesses to cherish themselves and cope with their emotions as they heal. At a time where many families are facing illness and hospitalizations it is a timely message that I am excited to share with the families I work with."

--Jill Osborne, EDS, LPC, CPCS, RPT-S

"This book is an amazing resource for children and families who are struggling with medical trauma. Within the pages, the reader will find messages of healing and hope which is truly important when we sometimes forget that sun can follow dark days."

--Theresa Fraser, CYC-P, CPT-S, RP, MA, RCT, Trauma, Loss and Attachment Clinical Specialist, author of *We're not all the same, But We're Family*

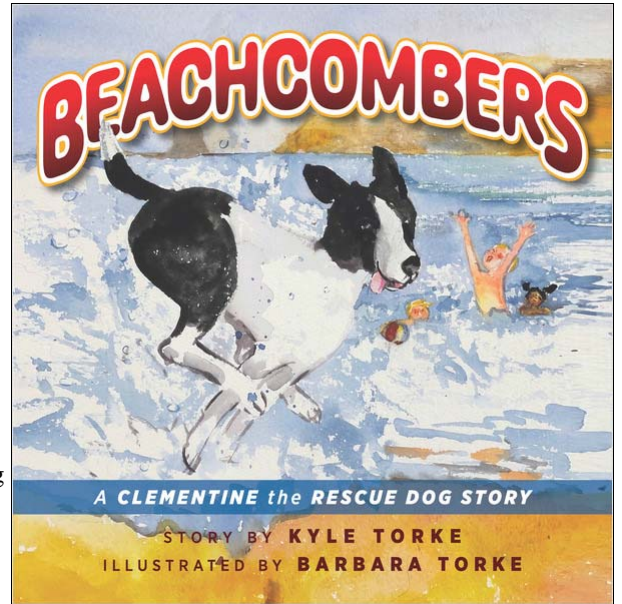
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## Beachcombers: A Clementine the Rescue Dog Story

**Publisher:** Loving Healing Press  
**Author:** Kyle Torke  
**Illustrator:** Barbara Torke  
**ISBN-13:** PB 978-1-61599-706-0 / HC 978-1-61599-707-7 / eBook 978-1-61599-708-4  
**List Price:** PB \$ 17.95 / HC \$ 29.95 / eBook \$ 4.95  
**Trim:** 8.5 x 8.5 (44 pp)  
**Audience:** 4-7 years  
**Pub Date:** 04/01/2020  
**BISAC:** JUVENILE FICTION/Animals/Dogs  
JUVENILE FICTION/Action & Adventure/General  
JUVENILE FICTION/Nature & the Natural World/Environment



**Synopsis:** Join Clementine and all her friends for a rollicking adventure along the coastline! Help build sandcastles and play in the surf, or admire starfish and seagulls while also learning about how to care for the oceans and the environment. After a wonderful day spent in the sand and waves, enjoy a picnic under the stars and fall asleep dreaming about all the fun you had. Let Clementine be your guide on her greatest adventure so far--to the beach!

What a beautiful, diverse world we inherited, a planet simply bursting with innumerable wonders to enchant and delight us. At the core, *Beachcombers* is a children's book about gratitude and the need to both contribute in practical ways to an environment we should protect and to imagine the fullness of our origins, so we can shape an equally bountiful future. The story names birds, fish, fauna and other animals as a way to weave a tapestry of specific creatures whose ecosystems need care, and the sounds and rhythms of their pronunciations when spoken aloud will entertain and mesmerize young readers. The children, and their dog, lead us and teach us: we should enjoy the mysterious and fanciful world all around us, but we should also act as caretakers for our environment. After we work and play, we are inspired to indulge our imaginations and learn to dream. After a full day, we rest in our dreams of the future.

"As seen through the eyes of adolescent children, *Beachcombers* is an enchanting story of responsibility and captures the impact humans have on our environment. Clementine and the young people teach us that we have the ability to change the world for the better--one piece of plastic, and one friendship, at a time."

--Javier Rivera, GearUp advisor and educator

"Come along with Taliss, her friends and super dog Clementine as they spend a day at the beach and an evening on the farm! The vibrant illustrations and rich vocabulary provide young readers many learning opportunities. Readers young and old will enjoy following Clementine on her thrilling adventures while learning about the many ways they can be involved with keeping our earth clean and bountiful."

--Kelsey Wilson, education specialist, Eastern New Mexico University

Book #3 of the Clementine the Rescue Dog Series. Be sure to read *Ice Breaking* (book #1) and *Hiking the Grand Mesa* (book #2)

Audiobooks available at iTunes and Audible.com

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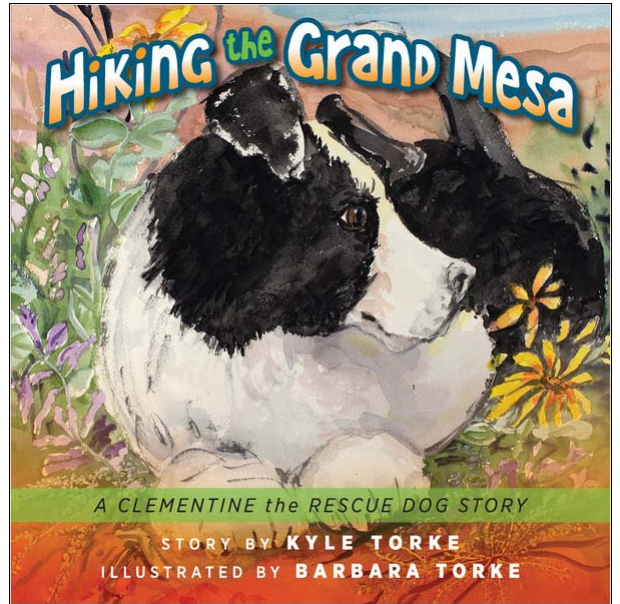
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## Hiking the Grand Mesa: A Clementine the Rescue Dog Story

**Publisher:** Loving Healing Press  
**Author:** Kyle Torke  
**Illustrator:** Barbara Torke  
**ISBN-13:** PB 978-1-61599-505-9 / HC 978-1-61599-506-6 / eBook 978-1-61599-507-3  
**List Price:** PB \$ 15.95 / HC \$ 26.95 / eBook \$ 4.95  
**Trim:** 8.5 x 8.5 (44 pp)  
**Audience:** 4-7 years  
**Lexile Score:** 950L - Grade(s) 5, 6  
**Pub Date:** 04/01/2020  
**BISAC:** JUVENILE FICTION/Animals/Dogs  
JUVENILE FICTION/Action & Adventure/General  
JUVENILE FICTION/Nature & the Natural World/Environment



### Synopsis: Join Clementine on a Desert Adventure in the Colorado Dobies!

Join Coover, Conrad and their mighty dog, Clementine, as they explore one of the most unique landscapes in southern Colorado--the Grand Mesa! Their grandma takes them to the Dobies, a series of steep hills made from adobe clay that formed as the nearby volcanoes, now extinct, eroded. At first, Coover feels a little sad and lonely, but as he is introduced to the rich wildlife--from woodpeckers to toads, cattails and sunflowers--he feels stronger and more confident. As both boys tramp through their imaginative journey, the vivid history and beautiful scenery awaken them to a new world full of possibility and friendship. By the end of the day, everyone is happily exhausted and ready for the next adventure!

"Barbara Torke's ebullient paintings set a joyful mood as two adventurous boys and their valiant dog explore the ecology of the Colorado Dobies, an emotional landscape that at first seems barren and solitary, but, as the boys learn, is full of life. The story is about how imagination and companionship defeat loneliness, and the beautiful illustrations provide the rich texture of a vibrant journey of friends learning how to thrive."

--Sarah Treschl, Kurt Johnson award winning writer

"A fun and insightful adventure with vivid visual descriptions and language that engages and challenges readers--both young and old. The paintings leap off the pages and into your imagination. A poetic and visual treat!"

--Marisa Donnelly, author of *Somewhere On A Highway*

"Hiking the Grand Mesa comes to life in every sentence--brilliant images, constant movement and supportive interactions as the characters explore nature, enjoy each other's friendship and build upon shared imaginations. What a wonderful reading experience! You can share the adventure with everyone in your family, young and old!"

--Steve Staley, professor, author and grandfather

Be sure to check out the first in the series -- *Ice Breaking: The Adventures of Clementine the Rescue Dog*

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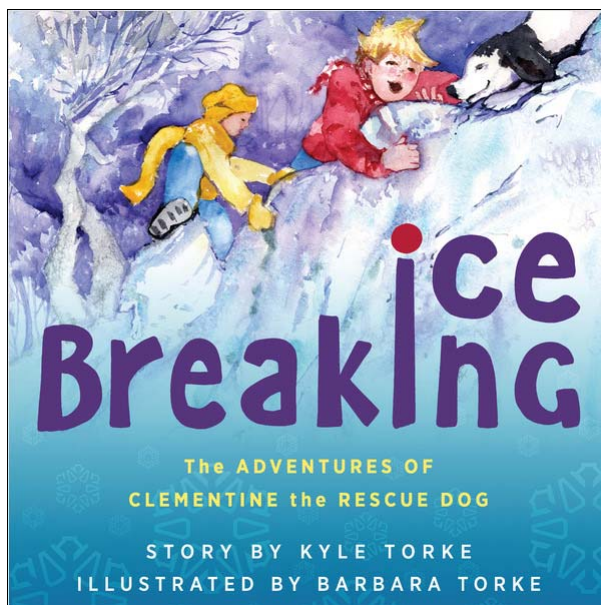
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## Ice Breaking: The Adventures of Clementine the Rescue Dog

**Publisher:** Loving Healing Press  
**Author:** Kyle Torke  
**Illustrator:** Barbara Torke  
**ISBN-13:** PB 978-1-61599-379-6 / HC 978-1-61599-380-2 / eBook 978-1-61599-381-9  
**List Price:** PB \$ 15.95 / HC \$ 26.95 / eBook \$ 4.95  
**Trim:** 8.5 x 8.5 (44 pp)  
**Audience:** 4-7 years  
**Lexile Score:** 590L - Grade(s) 2, 3  
**Pub Date:** 04/01/2018  
**BISAC:** JUVENILE FICTION/Animals/Dogs  
JUVENILE FICTION/Action & Adventure/General



### Synopsis: Join Clementine on a Winter Adventure in the Great Outdoors!

Clementine and her two boys set out for adventure on a snowy morning, mittens and imaginations in tow, and discover, among the many wonders revealed during a day outside, the miracles of cascading ice falls, a warren of rabbits, and golden fish in a frozen pond. When they return home, their imaginations are warm as a fireside!

"Ice Breaking brims with lively, engaging illustrations. I love a children's book with real art. Many modern children's books take shortcuts, but Icebreaking is a book to keep on the coffee table to enjoy again and again."  
-- Markee Travis, Delta County librarian and artist

"Clementine the Rescue Dog steals the show from the humans during their fun romp, and she shows them how to climb the snowy banks of their imaginations. They delight, and you will enjoy their marvelous adventure!"  
-- Steve Rabey, author of *Star Struck* and other books

"I love the softness portrayed in the illustrations. Clementine is incredibly expressive. The simple escapades of the children are enchanting and full of joy. What a pleasure to immerse ourselves in their play!"  
-- Carol McDermott, poet, teacher and school board member

"I am delighted to see Barbara Torke's humorous and expressive illustrations enhance the story of Clementine and her boys. The furry friends come alive in Barbara's creative hands: winter becomes welcoming and bright!"  
-- Maryellen Miller, artist, gallery owner and writer

Learn more at [www.LHPress.com](http://www.LHPress.com)

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## Ferdinand Finds Christmas

**Publisher:** Loving Healing Press  
**Series:** Greendeer Pond  
**Author:** Jay Tucker  
**Illustrator:** D.E. West  
**ISBN-13:** PB 978-1-61599-253-9 / HC 978-1-61599-254-6 / eBook 978-1-61599-255-3  
**List Price:** PB \$ 14.95 / HC \$ 25.95 / eBook \$ 4.95  
**Trim:** 8.5 x 8.5 (32 pp)  
**Audience:** 4-6 years  
**Lexile Score:** 850L - Grade(s) 4, 5  
**Pub Date:** 11/01/2014  
**BISAC:** JUVENILE FICTION/Holidays & Celebrations/Christmas & Advent  
RELIGION/Holidays/Christmas & Advent  
JUVENILE FICTION/Animals/Frogs & Toads

**Synopsis:** "Dear Santa, I think I finally know what you meant during our visit.

Christmas is truly about something more, it's not about toys, now is it?"

*Ferdinand Finds Christmas*, the true meaning of Christmas is told in this story that will delight and touch children and their families. Our yellow frog friend, Ferdinand, learns that the true meaning of Christmas isn't all the toys and tinsel, it's about the birth of Jesus Christ.

*Ferdinand Finds Christmas* is written by veteran youth minister Jay Tucker, and is illustrated by award winning artist D.E. West.

### Raves for *Ferdinand Finds Christmas*

"This Christmas story will quickly become your child's favorite! Such a beautiful book to share with your children and spread The Christmas spirit! It is so nice to have a story to share the true meaning of Christmas with my boys!"

--Jenny Mallios, mother of 2, business owner, and Mrs. New Hampshire International, 2010

"While this touching little story teaches children the true meaning of Christmas, it's sure to remind us all. Ferdinand the frog will enlighten and engage a child's heart and mind. This rhythmic tale is sure to become a family tradition."

--Jennifer Lambein, Owner, artist, and designer at Studio Petite and the Opulent Nest

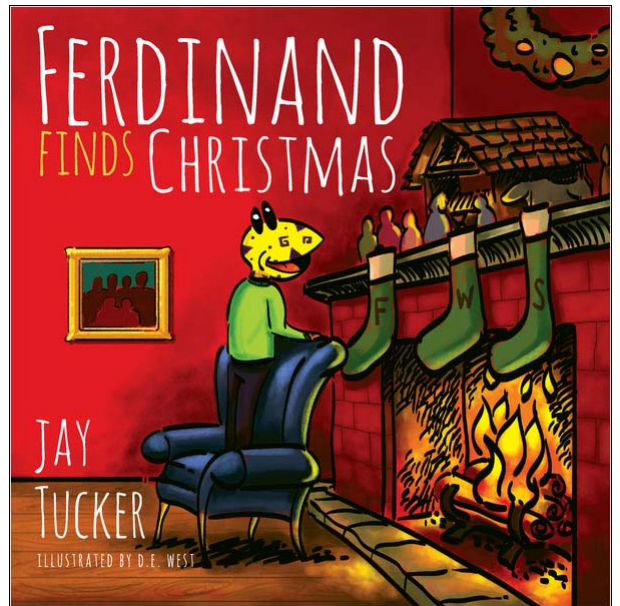
"Keeping our hearts focused on Jesus during the season of presents, parties, programs, and gatherings can be more than a colossal challenge. Add this book to your "tool box" of treasures, that help to focus us all on the birth of our Savior."

--Angie Roland, Children's Ministry Director, CLUMC, Master of Arts in Education

"This tale, with its darling illustrations and sweet little details, will keep your child coming back for more. Not only does this book have a wonderful core story relating to friendship, it also relays the true meaning of Christmas. Ferdinand Finds Christmas teaches that it is not about the presents, but about giving and time spent together."

--Brandi MacQuarrie, Owner of So Big, So Bright Preschool

Learn more at [www.JayTucker.net](http://www.JayTucker.net)



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## Justin Fights Sleep

**Publisher:** Loving Healing Press  
**Author:** Ashley Vien  
**Illustrator:** Murray Stenton  
**ISBN-13:** PB 978-1-61599-376-5 / HC 978-1-61599-383-3 / eBook 978-1-61599-377-2  
**List Price:** PB \$ 15.95 / HC \$ 26.95 / eBook \$ 4.95  
**Trim:** 8.5 x 8.5 (32 pp)  
**Audience:** 3-5 years  
**Lexile Score:** 490L - Grade(s) 1, 2  
**Pub Date:** 04/01/2018  
**BISAC:** JUVENILE FICTION/Bedtime & Dreams  
JUVENILE FICTION/Health & Daily Living/Daily Activities

### Synopsis:

*Justin Fights Sleep* is a funny and fantastical story about a boy who has decided that sleep is not for him and how he learns from the consequences of his decision. According to *Parents Magazine*, sleep fulfills several biological and mental imperatives including promoting growth, protecting the heart, controlling the appetite, boosting the immune system, reducing the chance for accidents, increasing attention span, and improving learning at school. Let Justin's story be a fun and gentle introduction into the importance of sleep hygiene for your family!

"This very short book is an opportunity for parents to help children begin to learn that sleep is necessary. It provides us with the energy to enjoy our awake time activities. Every child, teen and adult remembers the excitement experienced the night before a special event. It is truly a skill to be able to self-soothe and relax. Justin's story will be a wonderful addition to your bedtime story time routine."

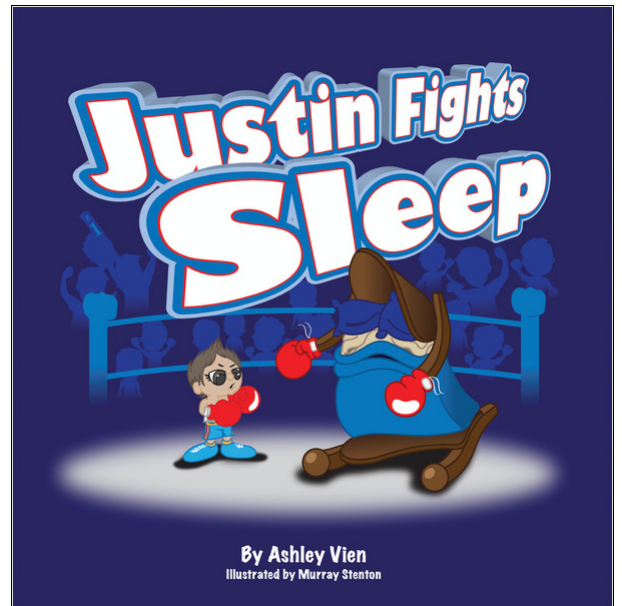
-- Theresa Fraser CCW, CYC-P, M.A., CPT-S Trauma and Loss Clinical Specialist, Registered Psychotherapist, author of *Billy Had to Move: A Foster Care Story*.

For more info see <http://vienabooks.com>  
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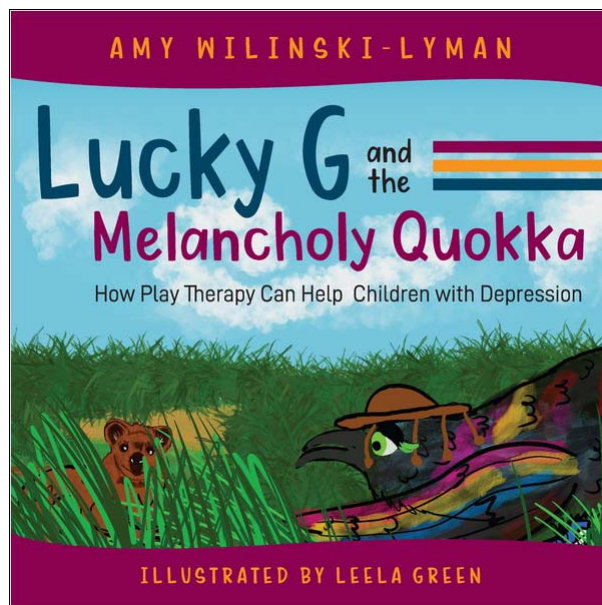
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## Lucky G and the Melancholy Quokka: How Play Therapy can Help Children with Depression

**Publisher:** Loving Healing Press  
**Author:** Amy Wilinski-Lyman  
**Illustrator:** Leela Green  
**ISBN-13:** PB 978-1-61599-541-7 / HC 978-1-61599-542-4  
**List Price:** PB \$ 16.95 / HC \$ 27.95  
**Audiobook:** iTunes, Audible.com, Amazon  
**Trim:** 8.5 x 8.5 (44 pp)  
**Audience:** 6-8 years  
**Pub Date:** 11/01/2020  
**BISAC:** JUVENILE FICTION/Social Issues/Depression & Mental Illness  
JUVENILE FICTION/Social Issues/Death & Dying  
JUVENILE FICTION/Animals/Birds



### Synopsis: Raves for the Raven Who is a Therapist

This book grabs you from the outset and takes you on a hopeful journey: A colorful, spunky raven (with a Ph.D.) travels to Australia to meet a quokka who has lost his true smile, finds it hard to move and isn't hanging out with friends anymore. Dr. G knows that depression is the culprit, and extends a listening ear and helping hand, all the while reassuring the quokka that lots of adults and kids feel depression, too!

"The illustrations are colorful and whimsical, and the fact that Amy takes us on a journey to Australia provides the novelty that keeps the book captivating and moving right along. I truly enjoyed reading this and I believe children with depression, and their parents, will find acknowledgment, guidance and hope in this little book. Enjoyable, informative and capable of capturing a child's imagination."

-- Eliana Gil, Ph.D., Founder, Gil Institute for Trauma Recovery & Education, Fairfax, VA

"In her latest *Lucky G* book installment, Wilinski-Lyman makes the concept of play therapy accessible to children and parents. Speaking from experience, and from the heart, she presents therapy as a helpful tool for kids and fights stigma against depression. Her characters are easy to relate to for children and families alike. The vivid and expressive illustrations by Leela Green make this book a visual treat for all ages."

-- Marta Manning, former president NAMI Midland, MI chapter (National Alliance on Mental Illness)

"I liked the whole story. Blue was my favorite character--I would be friends with him. I liked how Blue was sad at the start and then was happy by the end."

-- Astor, 7 years old

**AMY WILINSKI-LYMAN** lives in Michigan with her three awesome children: Zach, Drew, and Kendall; and her big fluffy orange cat, Marshall. Amy became a mental health warrior in 2016 after she was diagnosed with bipolar disorder. Through her books and online presence she wants to show parents and children living with mental illness that there is hope.

Learn more at [AmyLymanAuthor.com](http://AmyLymanAuthor.com)

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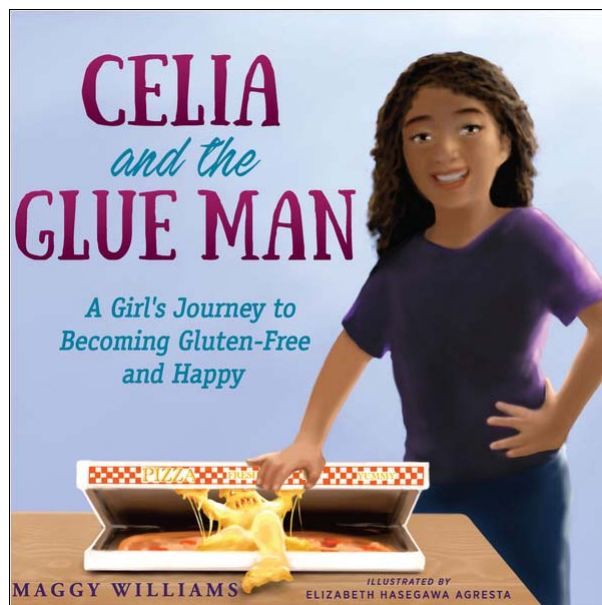
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## Celia and the Glue Man: A Girl's Journey to Becoming Gluten-free and Happy

**Publisher:** Loving Healing Press  
**Author:** Maggy Williams  
**Illustrator:** Elizabeth Hasegawa Agresta  
**ISBN-13:** PB 978-1-61599-390-1 / HC 978-1-61599-391-8 / eBook 978-1-61599-392-5  
**List Price:** PB \$ 15.95 / HC \$ 27.95 / eBook \$ 4.95  
**Trim:** 8.5 x 8.5 (38 pp)  
**Audience:** 5-7 years  
**Lexile Score:** 570L - Grade(s) 2, 3  
**Pub Date:** 10/01/2018  
**BISAC:** JUVENILE FICTION/Health & Daily Living/Diseases, Illnesses & Injuries  
JUVENILE FICTION/Social Issues/Friendship

**Synopsis:** Celia isn't like the other kids in class. She has a gluten allergy. Life without cookies, cake and pizza is no fun, so Celia decides to break the rules - just this once. She eats a cupcake. What follows is what you might expect. Celia gets sick. Really sick. So sick she decides to give up gluten for good. But she's not happy about it. Then, she meets someone who changes her perspective.



"I love this book! What a beautiful message to send to young people about how to turn circumstances around. It's all about the food of love and friendship that is the most sustainable, energetically charged nourishment, not only for young people but for our shared humanity. There should be an open space on all book shelves to welcome this heartwarming story."  
--Laura Parisi, Food Shaman, Reiki Master, Founder of Rooted Angel Cooking School

"I cannot say enough good things about this book. I LOVE it! The biggest challenge to following any special diet is the emotional component, rather than a lack of knowledge. Maggy finds a creative way to guide kids who are struggling with dietary restrictions to reach a place of acceptance. I also appreciated the very useful visual of the glue monster, especially since that's essentially what gluten is!"  
--Ashley E. Daub, pediatric dietitian, MS, RD, LD

"A book that is both fun (and rhyming!) and important for kids to understand how celiac disease works and what it means for kids at school. It will appeal to those who have the disease, as a comfort and explanation, and to their friends who may not understand why they can't share some foods."  
--Jacqui Lipton, author and literary consultant, Authography LLC

"Finally! A book for young children that describes one girl's story of learning to look at her food sensitivities in a different way. Instead of making her feel isolated and lonely, this book shows that living gluten-free can be a bonding experience. Written in rhyming verse, this book teaches about compassion, acceptance, embracing who you are and finding happiness."  
--Tyla Taylor, teacher, coach, mentor, musician, and gluten-free eater

Learn more at [www.MaggyWilliamsAuthor.com](http://www.MaggyWilliamsAuthor.com)

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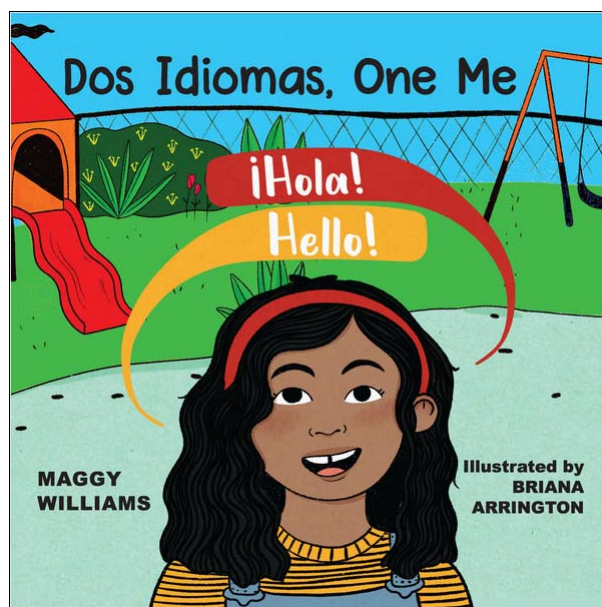
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## Dos Idiomas, One Me: A Bilingual Reader

**Publisher:** Loving Healing Press  
**Author:** Maggy Williams  
**Illustrator:** Briana Arrington  
**ISBN-13:** PB 978-1-61599-544-8 / HC 978-1-61599-545-5 / eBook 978-1-61599-546-2  
**List Price:** PB \$ 15.95 / HC \$ 26.95 / eBook \$ 4.95  
**Audiobook:** iTunes, Audible.com, Amazon  
**Trim:** 8.5 x 8.5 (32 pp)  
**Audience:** 6-8 years  
**Lexile Score:** 480L - Grade(s) 1, 2  
**Pub Date:** 11/01/2020  
**BISAC:** JUVENILE FICTION/Diversity & Multicultural  
JUVENILE FICTION/People & Places/United States/Hispanic & Latino  
JUVENILE FICTION/Social Issues/Prejudice & Racism



**Synopsis:** *Dos Idiomas, One Me* is the story of a young girl who feels torn between two languages. At home, she speaks Spanish, at school, she speaks English, and she finds herself resenting the fact that she has to translate her thoughts and feelings. Then, she realizes that being bilingual is a gift. She begins to have fun navigating the space of inclusivity and starts to relish the role of teacher and translator.

By equally incorporating Spanish and English, *Dos Idiomas, One Me* promotes biliteracy. As young readers see their experiences reflected in the story of another dual-language speaker, they can feel encouraged to embrace all aspects of themselves.

"A charming book depicting bicultural identity. Maggy Williams takes the reader into the struggle and joy a child experiences while not feeling *I'm not from here, nor there!*, and yet from both sides." -- Anel Duarte, artist and poet

"Such a unique, inspiring story that captures the heart within seconds of reading! A powerful, dynamic rendition of what it means to be a bilingual child. Every family should read it!" -- Sabrina Suarez, artist, advocate, and community leader

"*Dos Idiomas, One Me* illustriously guides young readers and their grownups towards understanding that differences make us unique and special. Beautifully written!" -- AnnaMarie Jones, co-creator of the *Demystifying Diversity Podcast*.

**Learn more at [www.MaggyWilliamsAuthor.com](http://www.MaggyWilliamsAuthor.com)**

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## Grateful to be Grace: Developing A Practice of Positive Thinking

**Publisher:** Loving Healing Press

**Author:** Maggy Williams

**ISBN-13:** PB 978-1-61599-710-7 / HC 978-1-61599-711-4 / eBook 978-1-61599-712-1

**List Price:** PB \$ 16.95 / HC \$ 29.95 / eBook \$ 4.95

**Trim:** 8.5 x 11 (32 pp)

**Audience:** 5-8 years

**Pub Date:** 11/01/2022

**BISAC:** JUVENILE NONFICTION/Health & Daily Living/Mindfulness & Meditation

JUVENILE FICTION/Social Issues/Values & Virtues

JUVENILE FICTION/Social Issues/Self-Esteem & Self-Reliance

**Synopsis:** Grace complains about "having to" clean her room, wash her hands and do her chores. She doesn't realize that, by learning to think differently, she can change her perspective from negative to positive. In this story, Grace discovers that her attitude has the power to determine her thoughts and emotions. Can Grace go from feeling burdened to being grateful?

"At any age, it is hard to feel that you have little or no choice in your day-to-day life. Grace realizes that if she can look at expectations in a different way, both her day and mood improves. This book is a perfect choice to share with children in summer camp, school, in therapy and at home."

--Theresa Fraser, CYC-P, CPT-S, MA, RP, RCT, CT, trauma, loss and attachment clinical specialist

"*Grateful to Be Grace* is not another book that tells kids to behave. It shows that when Grace makes the choice to be thankful, her perspective and attitude change. I love how Grace's parents model encouragement rather than focusing on poor behavior. It's a feel-good book. Children are empowered to learn the ways they can experience gratitude."

--Jill Osborne, EdS, LPC, CPCS, RPTS, author of *Sam Feels Better Now!*

"*Grateful to Be Grace* is a sweet story about making choices. Delivered in rhyme with colorful pictures, the book helps children consider their options and consequences when choosing between immediate gratification and longer-term gains. When children understand the reasoning behind a parental request, they are more willing to show compliance. This story helps children take responsibility for the decisions they make--a valuable lesson they will utilize throughout life. A bonus is the positive role models represented in a blended family and the representation of racially diverse characters."

--Laurie Zelinger, PhD, ABPP, RPT-S, Board Certified Psychologist, author of *Please Explain "Anxiety" to Me!*

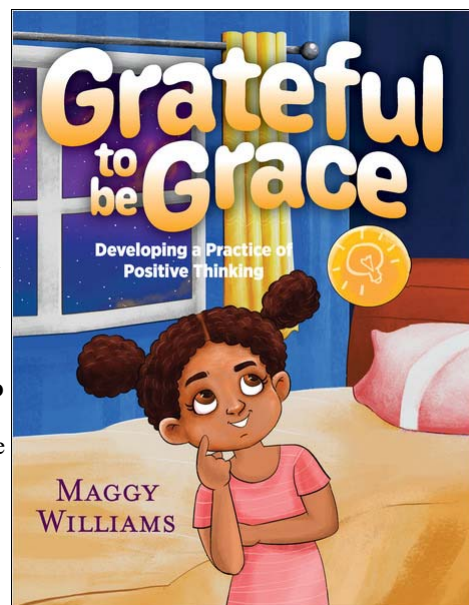
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## I'm Mixed!

**Publisher:** Loving Healing Press  
**Author:** Maggy Williams  
**Illustrator:** Elizabeth Hasegawa Agresta  
**ISBN-13:** PB 978-1-61599-359-8 / HC 978-1-61599-360-4 / eBook 978-1-61599-361-1  
**List Price:** PB \$ 15.95 / HC \$ 26.95 / eBook \$ 4.95  
**Trim:** 8.5 x 8.5 (24 pp)  
**Audience:** 4-7 years  
**Lexile Score:** 440L - Grade(s) 1, 2  
**Pub Date:** 02/14/2018  
**BISAC:** JUVENILE FICTION/Social Issues/General (see also headings under Family)  
JUVENILE FICTION/Concepts/Body\*  
JUVENILE FICTION/Social Issues/Friendship

**Synopsis:** Growing up as a biracial child, Maggy Williams had three options: she could identify as black, white, or mixed. She chose to embrace her multiracial heritage because she was taught that she could.

**Her hope is that this book will help children to realize that it is possible to integrate their multiple racial identities.**

"*I'm Mixed* is a simple story which approaches how we describe ourselves from an early age, from the perspective of a young girl who has a black father and a white mother. It encourages children to embrace their appearance without labeling themselves as one race or another. In an increasingly diverse world, acceptance, inclusion and self-awareness are imperative, and Maggy Williams gives us a great starting point for conversation."

--Lori Siesto, MME-MT, MT-BC, author, educator and music therapist

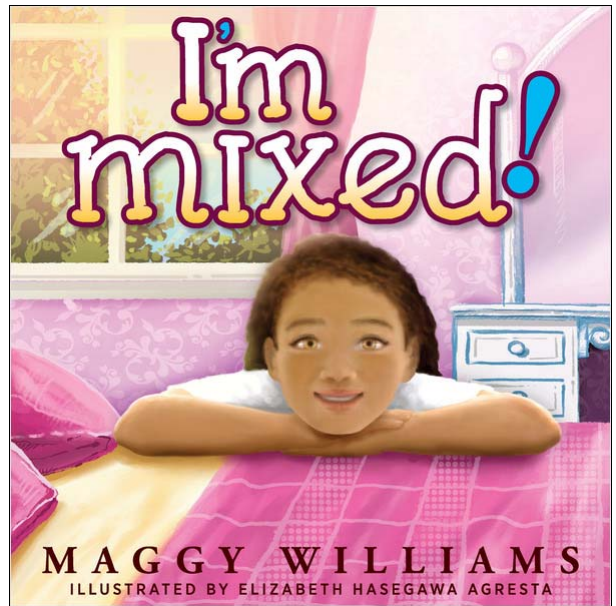
"Maggy Williams' text comes straight from the heart, helping us all say goodbye to the days when a child had to own only one identity. This book is a loving message to all children, regardless of ethnicity. Love who you are, be who you are meant to be and find the joy in being you!"

--Ellen E. Sadler, children's book author and award-winning educator

"At a time when so many feel excluded and less-than, *I'm Mixed*, by Maggy Williams, reminds us that everyone is to be appreciated and celebrated for who and what they are."

--Cyrus Webb, media personality, author, and speaker

Learn more at [www.LHPress.com](http://www.LHPress.com)



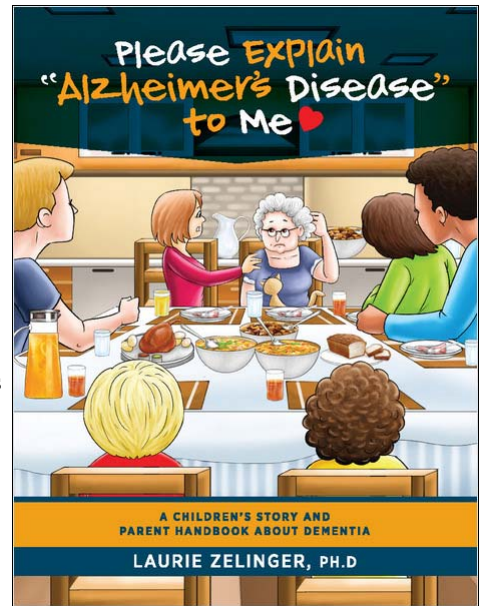
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## Please Explain Alzheimer's Disease to Me: A Children's Story and Parent Handbook About Dementia

**Publisher:** Loving Healing Press  
**Author:** Laurie Zelinger  
**ISBN-13:** PB 978-1-61599-591-2 / HC 978-1-61599-592-9 / eBook 978-1-61599-593-6  
**List Price:** PB \$ 17.95 / HC \$ 29.95 / eBook \$ 5.95  
**Audiobook:** iTunes, Audible.com, Amazon  
**Trim:** 8.5 x 11 (44 pp)  
**Audience:** 5-8 years  
**Lexile Score:** 790L - Grade(s) 3, 4  
**Pub Date:** 07/01/2021  
**BISAC:** JUVENILE FICTION/Health & Daily Living/Diseases, Illnesses & Injuries  
JUVENILE FICTION/Family/Multigenerational  
JUVENILE FICTION/Social Issues/Depression & Mental Illness



**Synopsis:** *Please Explain Alzheimer's Disease to Me* introduces the condition to children in a colorful, sensitive and gentle story, followed by a parent/caregiver section that supplies comprehensive information that adults can use to understand and plan for the course of the disease affecting their loved one. Dr. Zelinger, a board-certified psychologist for children, presents the situation to children in a warm, developmentally appropriate way using appealing characters of diversity, child friendly language and familiar scenes they can relate to, as well as scripts that parents can use when speaking to their child. This book is more than a helpful guide-it's the only book you will need if you have a child who is asking, "What's wrong with grandpa?" Children will:

- Enjoy the story and illustrations and will identify with the main characters
- Get answers to their questions
- Grasp the nature and reason for a grandparent's changes
- Learn basic biological information about brain function
- Understand why a grandparent will require more care
- Feel empowered and find ways they can be helpful

Parents and caregivers will:

- Have word-for-word scripts available to answer their child's questions
- Learn about the progression of the disease
- Understand their role and the nature of care that is required
- Gain information for decision-making in areas of medical, emotional and daily care
- Know they are not alone in this difficult journey

"Dr. Zelinger has provided an engaging book that presents important information in a user-friendly format and offers adults the foundation for easily engaging children in what may initially seem like a very difficult discussion. I will be sure to recommend this resource to everyone I know in the 'sandwich generation.'"

-- Shane S. Bush, Ph.D., ABPP, Board Certified in Geropsychology, President, American Board of Geropsychology

"Dr. Zelinger's book helps take the mystery out of a truly mystifying disease. The children's story will help reduce the anxiety and fear a child may have when faced with one suffering from Alzheimer's, and the adult portion of this book gives practical examples to help guide the adult when questions arise. A truly informative and inspired book."

-- Marilyn Cherney, occupational therapist; grandmother

"...A very much needed book to explain a very difficult topic to our children and ourselves. Dr. Zelinger's warmth, insight and clinical judgment shine through her every page! This is a superlative book that will get front row billing on my office bookshelf. "

-- Deborah Lief-Dienstag MD, FAAP, pediatrician

"Dr. Zelinger takes a painful topic for both children and parents alike and turns it into a beautiful story and a detailed handbook that gives us the tools we need to broach a topic we all hope to never have to face. This book is a must-read for families facing the challenges that come along with a loved one experiencing Alzheimer's disease."

-- Avi Satt, president, Allegria Senior Living

From the Please Explain series  
Learn more at [www.DrZelinger.com](http://www.DrZelinger.com)

## Please Explain Anxiety to Me!: Simple Biology and Solutions for Children and Parents

**Publisher:** Loving Healing Press  
**Series:** Growing With Love  
**Author:** Laurie Zelinger and Jordan Zelinger  
**ISBN-13:** PB 978-1-61599-029-0 / HC 978-1-61599-051-1 / eBook 978-1-61599-888-3  
**List Price:** PB \$ 21.95 / HC \$ 32.95 / eBook \$ 4.95  
**Audiobook:** iTunes, Audible.com, Amazon  
**Trim:** 8.5 x 8.5 (40 pp)  
**Audience:** 9-12 years  
**Pub Date:** 09/01/2010  
**BISAC:** JUVENILE NONFICTION/Social Issues/Emotions & Feelings  
PSYCHOLOGY/Psychotherapy/Child & Adolescent  
SELF-HELP/Anxieties & Phobias

### Synopsis: What's happening to me?

This book translates anxiety from the jargon of psychology into concrete experiences that children can relate to. Children and their parents will understand the biological and emotional components of anxiety responsible for the upsetting symptoms they experience. *Please Explain Anxiety to Me* gives accurate physiological information in child friendly language. A colorful dinosaur story explains the link between brain and body functioning, followed by practical therapeutic techniques that children can use to help themselves. Children will:

- learn that they can handle most issues if they are explained at their developmental level
- understand the brain/body connection underlying anxiety
- identify with the examples given
- find comfort and reassurance in knowing that others have the same experience
- be provided with strategies and ideas to help them change their anxiety responses
- be able to enjoy childhood and to give up unnecessary worrying

### Therapists and Educators Praise "Please Explain Anxiety To Me"

"On any given day, around thirty percent of my patients have anxiety related symptoms. The simplicity and completeness of the explanations and treatment of anxiety given in this book is remarkable. Defining the cause, treating the core symptoms, and most importantly bringing it to a child's level accompanied by wonderful illustrations, is an incredible feat. I will definitely use this book in my practice."

Zev Ash, M.D. F.A.A.P., Pediatrician

"Anxiety is, of course, a complicated neuro-physiological process but it has been reduced to understandable terms in this brilliantly illustrated book for children. I would go even further and say that there are adults who could benefit from the straightforward approach."

Rick Ritter, MSW, author of "Coping with Physical Loss and Disability"

"This excellent book is perfect for parents to read and discuss with their children. It's also perfect for school professionals to use in the school setting."

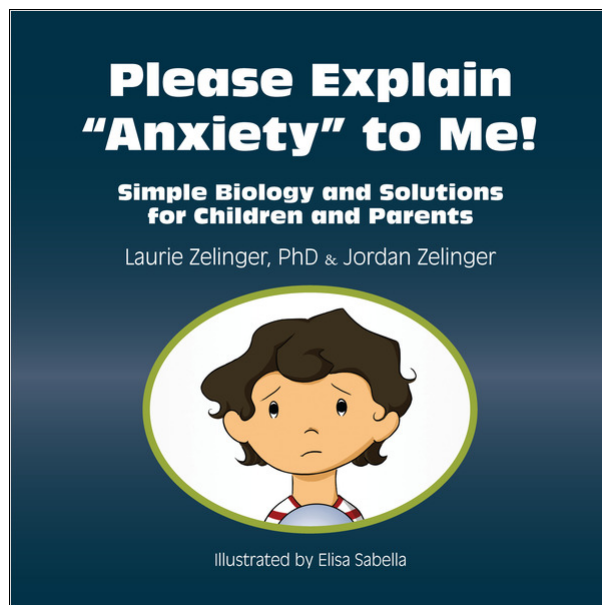
Herb R. Brown, Ed.D., Superintendent of Schools Oceanside Public Schools, New York

"...A charming--and calming--explanation of anxiety that will help both children and their parents turn their internal worry switches to the OFF position."

Ellen Singer, New York Times-acclaimed bestselling author

Learn more at **[www.DrZelinger.com](http://www.DrZelinger.com)**

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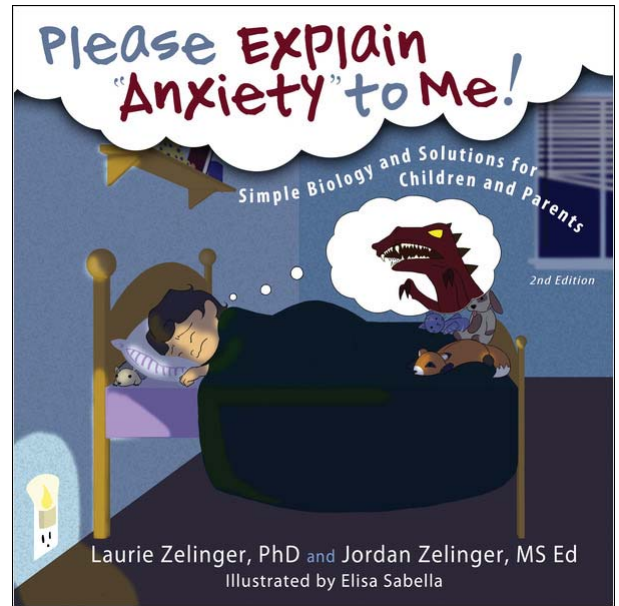
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## Please Explain Anxiety to Me!: Simple Biology and Solutions for Children and Parents, 2nd Ed.

**Publisher:** Loving Healing Press  
**Series:** Growing With Love  
**Author:** Laurie Zelinger and Jordan Zelinger  
**ISBN-13:** PB 978-1-61599-216-4 / HC 978-1-61599-217-1 / eBook 978-1-61599-218-8  
**List Price:** PB \$ 15.95 / HC \$ 27.95 / eBook \$ 4.95  
**Audiobook:** iTunes, Audible.com, Amazon  
**Trim:** 8.5 x 8.5 (40 pp)  
**Audience:** 9-12 years  
**Lexile Score:** 800L - Grade(s) 3, 4  
**Pub Date:** 02/01/2014  
**BISAC:** JUVENILE NONFICTION/Social Issues/Emotions & Feelings  
PSYCHOLOGY/Psychotherapy/Child & Adolescent  
SELF-HELP/Anxieties & Phobias



### Synopsis: What's happening to me?

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- understand the brain/body connection underlying anxiety
- identify with the examples given
- find comfort and reassurance in knowing that others have the same experience
- be provided with strategies and ideas to help them change their anxiety responses
- be able to enjoy childhood and to give up unnecessary worrying

### Therapists and Educators Praise "Please Explain Anxiety To Me, Second Edition"

"On any given day, around thirty percent of my patients have anxiety related symptoms. The simplicity and completeness of the explanations and treatment of anxiety given in this book is remarkable. Defining the cause, treating the core symptoms, and most importantly bringing it to a child's level accompanied by wonderful illustrations, is an incredible feat. I will definitely use this book in my practice."

Zev Ash, M.D. F.A.A.P., Pediatrician

"Anxiety is, of course, a complicated neuro-physiological process but it has been reduced to understandable terms in this brilliantly illustrated book for children. I would go even further and say that there are adults who could benefit from the straightforward approach."

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"This excellent book is perfect for parents to read and discuss with their children. It's also perfect for school professionals to use in the school setting."

Herb R. Brown, Ed.D., Superintendent of Schools Oceanside Public Schools, New York

"...A charming--and calming--explanation of anxiety that will help both children and their parents turn their internal worry switches to the OFF position."

Ellen Singer, New York Times-acclaimed bestselling author

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## Please Explain Terrorism To Me: A Story for Children, PEARLS of Wisdom for their Parents

**Publisher:** Loving Healing Press  
**Author:** Laurie Zelinger  
**Illustrator:** Ann Israeli  
**ISBN-13:** PB 978-1-61599-291-1 / HC 978-1-61599-292-8 / eBook 978-1-61599-293-5  
**List Price:** PB \$ 24.95 / HC \$ 37.95 / eBook \$ 4.95  
**Audiobook:** iTunes, Audible.com, Amazon  
**Trim:** 8.5 x 8.5 (72 pp)  
**Audience:** 7-10 years  
**Lexile Score:** 810L - Grade(s) 3, 4  
**Pub Date:** 11/01/2016  
**BISAC:** PSYCHOLOGY/Developmental/Child  
JUVENILE FICTION/Social Issues/Emotions & Feelings

### Synopsis: A Story for Children, P-E-A-R-L-S of Wisdom for their Parents

Complemented by exquisite, colorful artwork, Dr. Zelinger skillfully crafts an easily relatable children's story using everyday situations, around the oppressive concept of Terrorism in the news. With masterful understanding of the child's world, new and frightening concepts are introduced carefully and gently, with the child's perspective in mind. Dr. Zelinger provides parent coaching to further the dialogue in her P-E-A-R-L-S of Wisdom section (Prepare, Explain, Answer, Reassure, Listen, Safeguard) where caregivers are given scripts to guide them, as well room for individuality. This pioneer book helps children and parents face a critical, often avoided topic with reassurance and calm.

"This book provides the 'PEARLS' of wisdom for parents and children to discuss a scary topic like terrorism in ways that promote healthy and authentic parent-child conversations that yield to mutual respect and bonding."

--Marc A. Brackett, PhD., Director, Yale Center for Emotional Intelligence

"This fascinating guide amounts to a riveting lesson of clarity and to a masterpiece in bridging the unbridgeable."

--Hon. Yehuda Lancry, Former Ambassador of Israel to the U.N.

"Dr. Zelinger uses common sense, a simple clarification of the basic issues, and reassurance to provide a deeper understanding of terrorism for kids--without a corresponding rise in anxiety."

--Tomas W. Phelan, Ph.D., Psychologist/Author

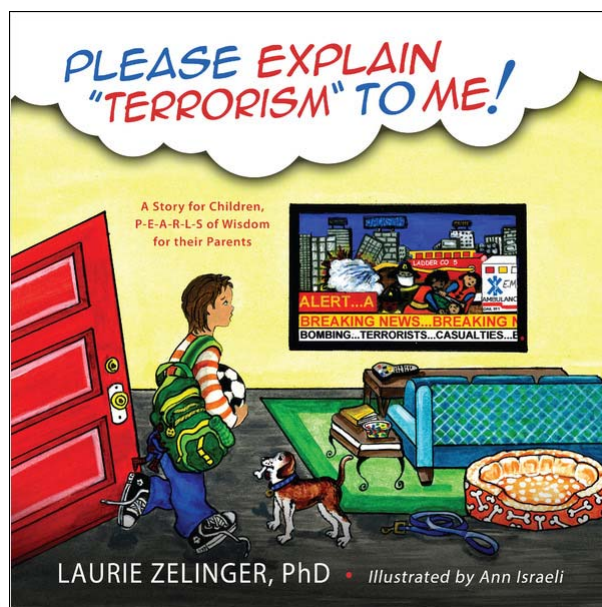
Dr. Laurie Zelinger is a distinguished Board Certified Psychologist with Diplomate status in school psychology as well as a credentialed play therapist who serves on executive boards of state and national organizations. Ann Israeli is a retired art teacher, wall paper and textile designer.

From the Growing With Love Series

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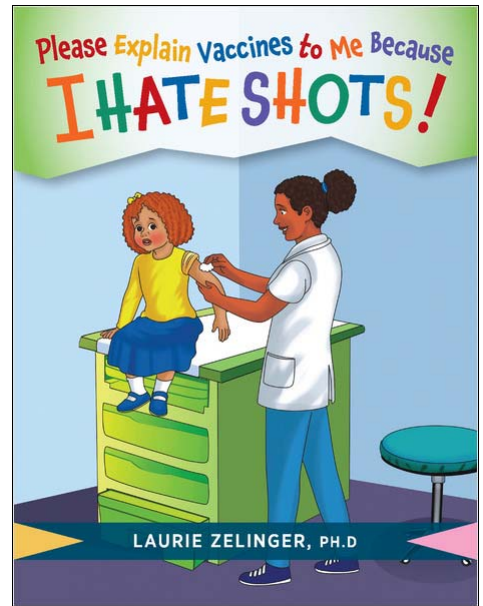
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## Please Explain Vaccines to Me: Because I HATE SHOTS!

**Publisher:** Loving Healing Press  
**Author:** Laurie Zelinger  
**ISBN-13:** PB 978-1-61599-612-4 / HC 978-1-61599-613-1 / eBook 978-1-61599-614-8  
**List Price:** PB \$ 17.95 / HC \$ 29.95 / eBook \$ 4.95  
**Audiobook:** iTunes, Audible.com, Amazon  
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**Audience:** 4-7 years  
**Pub Date:** 11/01/2021  
**BISAC:** JUVENILE FICTION/Health & Daily Living/Diseases, Illnesses & Injuries  
JUVENILE FICTION/Social Issues/New Experience  
JUVENILE FICTION/Business, Careers, Occupations



**Synopsis:** Shots, injections, needles, and vaccines-whatever their purpose, they all hurt. More than half of children in the 6-17 year-old range report a strong fear of needles. Nearly 25% of adults do as well. This book is for those families who cringe at the thought of getting one.

For some children, getting a shot is a major ordeal. Ramped-up anxiety can lead to tantrums, meltdowns, outbursts and even fainting. That 30-second experience can be a nightmare for parents for and nursing staff alike. This resource will help to improve that dreaded scenario.

The book opens with an engaging story for children where rhyme, colorful illustrations and characters of diversity capture a child's interest as they identify with a girl who has similar fears. The children's section is followed by a comprehensive guide for parents and caregivers, based on empirical research as well as Dr. Zelinger's decades of experience as a child psychologist, where she offers information and explicit solutions to help deal with the anxiety surrounding this common medical procedure.

Children will:

- Identify with the main character and her fear of shots
- Enjoy the colorful illustrations and happy story ending
- Learn coping mechanisms to deal with frightening situations
- Feel supported by their parents who will know how to help
- Reduce their anxiety and become more cooperative during medical visits

Parents/Caregivers will:

- Understand the reasoning behind the fear of injections
- Learn strategies to help their child before and during a medical visit
- Be better able to comfort their child

"Dr. Laurie Zelinger has done it again with another excellent child and parent-friendly book that helps to allay fears and empower families and professionals with the tools to help children develop healthy coping skills. *Please Explain Vaccines to Me* has it all: a relatable and simple yet engaging text in rhyme that is fun to read aloud, as well as colorful illustrations that provide an honest and relatable depiction of the emotions involved. As an experienced nurse and health educator, I see this book as a "must-have" resource for all caregivers, educators and health professionals."

--Darlene Glasser, RN, MSED

"*Please Explain Vaccines to Me* is a book that every parent will want to read to their child before getting a shot. It demystifies vaccinations with language that a child will both understand and want to question further. It also gives both children and parents the language they need to express their anxiety about the process and the tools to lessen that anxiety. It gets 5 stars!"

--Yael Kula, MSW, LCSW (Licensed Clinical Social Worker)

Learn more at [www.DrZelinger.com](http://www.DrZelinger.com)

From the "Please Explain" series at Loving Healing Press [www.LHPress.com](http://www.LHPress.com)

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